

Program Guide

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Leisure & Enrichment

Enrichment Programs

Lakefront Programs



Visit www.fjtheatre.com for upcoming plays, concerts, and events.









Free Summer Lunch Program

Tentative sites: Mason Park, James Park and

Program status updates: 847-448-8254

Contact us

CONTACT INFORMATION:

City of Evanston Parks and Recreation Department **Lorraine H. Morton Civic Center** 2100 Ridge Avenue (closed to public) Evanston, IL 60201 311: call/text 847-448-4311

citvofevanston.org

recreation@cityofevanston.org

cityofevanston.org/parks-recreation

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Parks and Recreation Department

Parks and Recreation Division Director: Audrey Thompson

Parks and Recreation Assistant Director: Michael Callahan

Recreation Division

Ecology and Outdoor Recreation Manager: Matt Poole

Robert Crown Community Center Manager: TBD

Fleetwood-Jourdain Center and Mason Park Recreation Manager: Kenneth Cherry

Chandler-Newber Center and Lakefront Manager: Tim Carter

Levy Senior Center Manager: Amy Kellogg



Special Events

MARCH 23

2022 BLUEBERRY AWARDS CEREMONY

Join the Evanston Public Library and the Ecology Center in announcing the winners of the 2022 Blueberry Awards! This award honors the best children's books for 3-10 year olds that inspire a love of nature and action for the planet. Once the winning book is announced, participants will walk along the Arboretum nature trail to read the winning book together and roast marshmellows around the campfire.

Information: 847-448-8256 Location: Evanston Ecology Center Admission: Free, must call to register

| Date | Day | Time |
|--------|-----|------|
| Mar 23 | Th | 7pm |

MARCH 24-26

Evanston Children's Theatre Presents CAMP MYSTIC

A world premiere play by our resident playwright about camp and identity...

Information: email ect@cityofevanston.org

Location: Levy Center Admission: \$10 at the door

| Date | Day | Time |
|----------|-----|-------------|
| March 24 | F | 7pm |
| March 25 | Sa | 3pm and 7pm |
| March 26 | Su | 3pm |

APRIL 1 **ART SWAP**

In collaboration with Evanston Made.

Bring art, get art! **Location:** Noyes Gallery

Admission: FREE but you must register

Class #: 913901A2

Age: All

| Date | Day | Time |
|---------|-----|------|
| April 1 | Sa | 1pm |

MARCH 31 **SKATE PARTY**

Enjoy an evening of roller skating At the Fletwood- Jourdain Center. Bring your own skates or borrow one Of ours and boogie to the music and lights Information: call 847-448-8254 Location: Fleetwood-Jourdain Community Center Admission, per person: \$10

| Date | Day | Time Type | |
|----------|-----|--------------------|--|
| March 31 | F | 4-7pm Family Skate | |
| | | 8-11pm Adult Skate | |

MARCH 31, APRIL 28 **WORD SALAD**

Our almost monthly spoken word open mike. Bring some words from your poem, lyrics, chapter from a novel and read/sing aloud.

Information: call 847-448-8263 Location: Noyes Cultural Arts Center

| Date | Day | Time | |
|----------|-----|------|--|
| March 31 | F | 7pm | |
| April 28 | F | 7pm | |

APRIL 22 **EARTH DAY**

Join the Ecology Center for the annual Earth Day Celebration. We will have family activities, supplies for litter pick up and stations led by local environmentally focused organizations.

Information: 847-448-8256 Location: Evanston Ecology Center

Admission: FREE

| Date | Day | Time |
|----------|-----|-----------|
| April 22 | Sa | 10am-12pm |

MAY 6-NOVEMBER 4 **DOWNTOWN FARMER'S MARKET**

Intersection of University Place and Oak Ave. As many as 60 Midwest vendors sell fruits. vegetables, meat, flowers, cheese, eggs, bakedgoods and more. LINK cards accepted. Free parking in adjacent Maple Ave. garage with validation at City tent.

Information: cityofevanston.org/market

| Date | Day | Time |
|-------------|-----|------------|
| May 6-Nov 4 | Sa | 7:30am-1pm |

MAY 19 MOVIE ON THE LAKE

Grab your beach chair and join us for a movie on the beach

Information: 847-866-2913 Location: Clark St. Beach Admission: Free

Date Day Time May 19 7:30pm









Preschool Arts Programs

CAREGIVER AND TOT ARTS

A full contact exploratory arts class with an artist educator leading caregiver and child pairs through a weekly themes, exploring the visual arts. No class during District 65 spring break.

Location: Noyes Cultural Arts Center

Age: 18 months-3.5 yrs. Fee, 5 sessions: \$66 R/\$86 NR

Class# **Dates** Days Time 911601A3 Mar 23-April 27 Th 10-11am

CAREGIVER AND TOT MOVEMENT CLASS

Wiggle, stretch, dance and connect with your tot in this yoga based creative movement class. Bring a mat or towel. No class during District 65 spring break.

Location: Noyes Cultural Arts Center

Age: 18 months-3.5 yrs. Fee, 5 sessions: \$55 R/\$72 NR

Class# **Dates** Days Time 911602A3 Mar 21-April 25 10-11am

LITTLE ONES POTTERY

Younger pottery students will work with air-dry clay to make wonderful works of art! This class will focus on the tactile experience, while giving the children an opportunity to make more detailed pieces if they choose. Limit 6 kids per class, parents may join if they choose.

Location: Robert Crown Community Center

Age: 2-4 yrs.

Fee, 5 sessions: \$60 R/\$78 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 211601A3 | Mar 30-April 27 | Tu | 1:45-2:30pm |
| 211601B3 | May 4-June 1 | Th | 1:45-2:30pm |



Art and Visual Programs

MAGIC CLASS

You will have fun as they learn fascinating tricks from the Magic Team of Gary Kantor. Some tricks may appear difficult but they are quick to learn and easy to perform. Tricks could involve cards, ropes, coins, or mind reading. All materials are provided and each child receives a magic kit. Sign up again and again, new tricks are taught at each session.

Location: Robert Crown Center

Age: 5-12 vrs.

Fee, 1 session: \$20 R/\$25 NR Class# Dates Days Time

212101A3 May 1 6:45-7:40pm

YOUTH POTTERY

Have you ever squeezed wet clay through your fingers? Do you want to turn your idea for a sculpture into a real piece or art? Students expand their imagination as they create clay sculptures, elbow pots, coils and more. No class April 10.

Location: Robert Crown Center

Age: 6-10 yrs.

Fee. 8 sessions: \$108 R/\$141 NR Fee, 10 sessions: \$135 R/\$121 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|-------------|
| 212602A3 | Mar 27-May 22 | M | 4:30-5:30pm |
| 212602B3 | Mar 28-May 30 | Tu | 4:30-5:30pm |
| 212602C3 | Mar 29-May 31 | W | 4:30-5:30pm |
| 212602D3 | Mar 30-June 1 | Th | 4:30-5:30pm |

MOTHER'S DAY VASE

Create a handmade vase to accompany those Mother's Day flowers. Something mom can cherish year round. Older students can work independently, or younger students can work with an accompanying adult to build a vase for mom, grandma, or anyone deserving of flowers. Week one we will construct our pieces and week two we will glaze and decorate. Students must be able to attend both dates to complete projects, and will pick up the final works on May 7.

Location: Robert Crown Center Age: 1 yrs. and up with caregiver Fee. 2 sessions: \$40 R/\$52 NR

Class# **Dates** Days Time 212626A3 April 23-30 9:15-10:45am\

HOME SCHOOL POTTERY

Looking for more ways to incorporate social time while still working towards your homeschooling goals? Join us for youth pottery during the day! In this class, you will work on hand building pottery pieces. Students expand their imagination as they create clay sculptures, elbow pots, coils and more.

Location: Robert Crown Center

Age: 6-13 vrs.

Fee, 10 sessions: \$120 R/\$156 NR

| 01033 π | Dates | Days | THILL |
|----------|---------------|------|--------------|
| 212607A3 | Mar 30-June 1 | Th | 12:15-1:15pm |

FATHER'S DAY MUG

Create a handmade mug for dad this year for Father's Day. A creative way to impact his every morning. Older students can work $independently, or younger students\ can\ work\ with$ an accompanying adult to build a mug for dad, grandpa, or anyone deserving of a yummy warm beverage. Week one we will construct our pieces and week two we will glaze and decorate. Students must be able to attend both dates to complete projects, and will pick up final works on June 11.

Location: Robert Crown Center Age: 1 yrs. and up with caregiver Fee, 2 sessions: \$40 R/\$52 NR Class# **Dates** Davs Time 9:15-10:45am 212627A3 May 28-June 4 Su

ON THE WHEEL INTERMEDIATE ADULT **POTTERY**

Make functional works of art that are uniquely yours! This class will focus on techniques using the potter's wheel as the primary tool for construction. Students will develop their skills at throwing basic shapes, as well as be introduced to more advanced techniques on the wheel. We will cover skills offthe-wheel such as handle attaching, and surface design. All tools and clay provided a sketchbook for planning and recording ideas is recommended.

Pre-Rec: Adult Beginning Pottery or other previous

ceramics experience. Location: Robert Crown Center

Age: 14 yrs. and up

Fee, 10 sessions: \$240 R/\$312 NR Class# **Dates** Days Time

212608A3 Mar 26-May 28 Su 11am-1pm

FAMILY POTTERY

A child and parent work as a team to create clay pieces that they'll always treasure. Registration will be put under the child's name. No class April 10 or May 29.

Location: Robert Crown Center

Age: 5 yrs. and up

Fee, 8 sessions: \$120 R/\$156 NR Fee, 10 sessions: \$150 R/\$195 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|-------|
| 212604A3 | Mar-May 27-22 | M | 6-7pm |
| 212604B3 | Mar-May 28-30 | Tu | 6-7pm |
| 212604C3 | Mar-May 29-31 | W | 6-7pm |
| 212604D3 | Mar 30-June 1 | Th | 6-7pm |



POTTERY FOR ADULT BEGINNERS

You will make sculptures, pots, plates and other items by hand-building and using the wheel. Make delightful gifts or create something for yourself. Fee includes materials, firings and 1 hour of studio time. No class April 10 or May 30.

Location: Robert Crown Center

Age: 17 yrs. and up

Fee, 10 sessions: \$150 R/\$195 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|----------------|
| 213619A3 | Mar 27-May 22 | M | 7:15-9:15pm |
| 213619B3 | Mar 28-May 30 | Tu | 11:00am-1:00pm |
| 213619C3 | Mar 28-May 30 | Tu | 7:15-9:15pm |
| 213619D3 | Mar 29-May 31 | W | 7:15-9:15pm |
| 213619E3 | Mar 30-June 1 | Th | 7:15-9:15pm |

DROP-IN POTTERY

Use this time specifically to hone your pottery skills at your own pace. Instruction is not provided and finished pottery pieces will be fired in the regular fire rotation.

Instructors: Kathy Gemperle or Carol Beaver Location: Robert Crown Community Center

Age: 17 yrs. and up Drop-in fee: \$18 R/NR

| Dates | Time | |
|-------------------|-------|--|
| March 13, 20, 27 | 1-3pm | |
| April 3, 10, 24 | 1-3pm | |
| May 7, 14, 21, 28 | 1-3pm | |

HOME SCHOOL CRAFTS

Students will learn fundamental drawing, painting, clay sculpting techniques and many creative crafts. Every class, they will explore a variety of art media through age appropriate creative projects.

Location: Robert Crown Community Center

Age: 6-13 yrs.

Fee, 10 sessions: \$120 R/\$156 NR

| 01422 # | שמופט | рауз | TIIIIE |
|----------|---------------|------|----------|
| 212609A3 | Mar 28-May 30 | Tu | 3-3:45pm |



ART & STORY

Support your kids as artists in our highly engaging visual arts program in an open, playful, noncritical atmosphere. Kids exercise and harness their imaginations. They will experience drawing, painting, sculpture, creative writing, as well as artthemed books. Includes a wide variety of 2D and 3D projects.

Location: Robert Crown Community Center

Age: 6-12 vrs.

Fee, 6 sessions: \$125 R/\$163 NR

| Class# | Dates | Days | Time |
|----------|--------------|------|----------|
| 212660A3 | April 1-29 | Sa | 1-2:30pm |
| 212660B3 | May 6-June 3 | Sa | 1-2:30pm |

MIDDLE SCHOOL ART CLASS

Get a break from social media and create art for personal growth and stress management. Explore a variety of at materials and techniques. Get inspired by other artists, well known and new. Relax with intuitive, process-based art making and reflective writing. There isn't any right or wrong way to create! Each week is different.

Location: Robert Crown Center

Age: 6-12 yrs.

Fee, 6 sessions: \$125 R/\$163 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 212661A3 | Mar 31-April 28 | F | 4-5:30pm |
| 212661B3 | May 5-June 2 | F | 4-5:30pm |

WATERCOLOR WONDER BEGINNING WATERCOLOR

Express yourself with watercolor and ink drawing in a small format (5x7 or 8x10). Paint, ink, brushes, and paper included in class fee. This is a beginner class and you should expect to learn the fundamentals of watercolor and inking. Class will meet four times. No class May 7.

Location: Robert Crown Center

Age: 6-12 yrs.

Fee:, 6 sessions \$125 R/\$163 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 212622A3 | April 23-May 22 | Su | 3-4:30pm |

BRUSH PAINTING FOR BEGINNERS

Learn the basics of Chinese ink painting in this multi-generational class. Participants will be shown how to brush and create simple pictures of grass, bamboo and fruit. You will find your inner artist in this workshop. Supplies included.

Location: Robert Crown Center

Age: 10 yrs, and up

Fee, 1 session: \$30 R/\$40 NR

| Class # | Dates | uays | rime |
|----------|--------|------|-------|
| 213625A3 | Mar 26 | Su | 3-4pm |

ART & ADVENTURE

Champion your child's artistic path and nurture creativity through curiosity and discovery, while bringing yourself along for the fun. This original Open Studio Project class encourages creative exploration in an open, playful atmosphere with traditional, new and unexpected materials. Adults and kids alike have a blast as they create together in this art programming for children and their

Location: Robert Crown Community Center

Age: 3-5 yrs.

Fee, 6 sessions: \$110 R/\$143 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|------------|
| 212662A3 | Mar 31-April 28 | F | 10-11:15am |
| 212662B3 | April 1-29 | Sa | 10-11:15am |
| 212662C3 | May 5-June 2 | F | 10-11:15am |
| 212662D3 | May 6-June 3 | Sa | 10-11:15am |

PAINT LIKE AN IMPRESSIONIST

Kathy Gemperle will guide you through the painting process used by the impressionist painters of the late 19th century. Postcard views will be used to plan the painting. You may also bring your own. All supplies included; acrylic paint is used.

Location: Robert Crown Center

Age: 13 yrs. and up

Fee, 1 session: \$30 R/\$38 NR

| Class# | Dates | Days | Time |
|----------|---------|------|----------|
| 212634A3 | April 2 | Su | 3-4:30pm |



Dance Programs

Location: Robert Crown Community

CREATIVE MOVEMENT

Children enter the wonderful world of dance through enjoyable exercise, dance movement, games, music, and creative fun. The fundamentals incorporate body and spatial awareness, emphasizing development rhythm and coordination. A minimal introduction to ballet and its terminology in included.

Age: 2.5-5 yrs.

Fee, 5 sessions: \$70 R/\$91 NR

| Class# | Dates | Days | Time |
|----------|--------------|------|----------|
| 211108A3 | April 1-29 | Sa | 9-9:45am |
| 211108B3 | May 6-June 3 | Sa | 9-9:45am |

SALSA DANCING

This class introduces students to the fundamentals of salsa dance in the Cuban style. Signing up with a dance partner is strongly suggested. No prior experience needed. Clothing should be comfortable and non-obstructive. Non-marking, clean-soled shoes are required.

Instructor: Brendan Behan

Age: 18 yrs. and up

Fee, 5 sessions: \$70 R/\$91 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------|
| 213604A3 | Mar 28-April 25 | Tu | 7-8pm |
| 213604B3 | May 2-May 30 | Tu | 7-8pm |



BALLET, TAP AND HIP-HOP - PRE K/K

An introduction to dance technique in ballet, tap, and hip hop for pre-K for Kindergarten students with no prior dance training. Clothing should be comfortable and non-obstructive. Shoe requirement: tap shoes. Ballet slippers optional.

Age: 4-6 yrs.

Fee, 5 sessions: \$70 R/\$91 NR

| Class # | Dates | Days | Time | |
|----------|--------------|------|-----------|--|
| 211121A3 | April 1-29 | Sa | 11am-12pm | |
| 211121B3 | May 6-June 3 | Sa | 11am-12pm | |

BALLET, TAP AND HIP-HOP - I

An introduction to dance techniques in ballet, tap, and hip hop is for children with no prior dance training. Clothing should be comfortable and nonobstructive. Tap shoes are required and ballet slippers are optional.

Instructor: Brendan Behan, MFA

Age: 5-7 yrs.

Fee, 5 sessions: \$70 R/\$91 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|---------|
| 212635A3 | Mar 26-April 23 | Sa | 10-11am |
| 212635B3 | April 30-May 28 | Sa | 10-11am |

BALLET, TAP AND HIP-HOP - II

An introduction to intermediate technique in ballet, tap, and hip hop for students who have completed the level I of this class four times or with instructor permission. Email brendan@brendanbehan.dance for permission. Tap shoes and ballet slippers are

Instructor: Brendan Behan, MFA

Age: 6-9 vrs.

Fee, 5 sessions: \$70 R/\$91 NR

| Glass# | Dates Day | | s rime | |
|----------|--------------|----|--------|--|
| 212636A3 | April 1-29 | Sa | 12-1pm | |
| 212636B3 | May 6-June 3 | Sa | 12-1pm | |

A high-energy dance class emphasizing hip hop technique, dynamic movement, rhythm, and coordination. Prior dance experience not required. Clothing should be comfortable and nonobstructive

Age: 5-7 yrs.

Fee, 5 sessions: \$70 R/\$91 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-----------|
| 212637A3 | Mar 26-April 23 | Su | 11am-12pm |
| 212637B3 | April 30-May 28 | Su | 11am-12pm |

ADULT BALLET

A friendly class for adults who are new to ballet and for former dancers who have been looking for a welcoming environment to return to their practice. Introduces basic ballet concepts. Includes barre warm-up and across-the-floor exercises. Loose, comfortable clothing welcome; tights not required

Age: 18 vrs. and up

Fee, 7 sessions: \$70 R/\$91 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------|
| 212638A3 | Mar 29-April 26 | W | 6-7pm |
| 212638B3 | May 3-31 | W | 6-7pm |





Preschool and Kindergarten Sports

BASKETBALL HUDDLE

This 7-week session is open to any child. The huddle will meet for 45 minutes on 7 separate dates. Focus will be on development of skills and drills with periods of scrimmaging. Coaches will place a strong emphasis on character development while helping players develop their basketball fundamentals.

Location: Chandler-Newberger Center

Age: 4-6 yrs.

Fee, 7 sessions: \$104R/\$135NR

| Class # | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 612804A3 | April 10-May 22 | M | 3:45-4:30pm |

BEGINNER SPORTS

An age-appropriate introduction to organized play and skill building in a variety of sports. We focus on fun while emphasizing rules and developing social skills (just before those competitive instincts kick

Location: Chandler-Newberger Center

Age: 4-6 yrs.

Fee, 6 sessions: \$89 R/\$116 NR

| Class # | Dates | Days | rime | |
|----------|-----------------|------|--------------|--|
| 611807A3 | April 16-May 21 | Su | 9:45-10:30am | |

Soccer

EVANSTON SOCCER SCHOOL

Evanston Soccer School is a soccer development program for children. Our goal is to develop self-esteem as well as fundamental soccer skills by creating an environment where each child can succeed. Our Team Evanston coaching staff focuses on developing the whole player through creative and fun games. With 100s of touches on the ball each session, players grow in confidence and learn to score goals while playing with their peers. Evanston Soccer School is a feeder program for Team Evanston's Pre-Travel program. If you are interested in giving your player a head start in their soccer development.

Age: 4-6 yrs. Fee: \$138 R/\$179NR

| Class # | Dates | Days | Time | Location |
|----------|------------------|------|-------------|------------|
| 611105A3 | April 18-May 23 | Tu | 4:30-5:30pm | Leahy Park |
| 412830A3 | April 21- May 26 | F | 5-6pm | Fleetwood |
| 611105B3 | April 17- May 22 | M | 4:30-5:30pm | Crown |

Archery

ARCHERY

Participants will learn the fundamentals of archery from experienced coach Brent Harmon, Director of Chicago Archery Coaches, a USA Archery Level 4-NTS and Regional Elite Development Program Coach. Throughout the program, participants will use the fundamentals to progress to more advanced distances and targets. Skills will be honed by playing games and other fun activities. For the parent/child class, both the parent and the child must register separately, only 1 parent and 1 child per registration. Children must be 7 years old for the parent/child class. No class April 14.

Location: Chandler-Newberger Community Center Age: varies, see below

Fee, 3 sessions: \$104 R/\$135 NR

| Class# | Dates | Days | Time | Age |
|----------|---------------|------|-------------|-----------|
| 612820A3 | Mar 10-Mar 24 | F | 3-4pm | 7-12 |
| 612820B3 | Mar 10-Mar 24 | F | 4:15-5:15pm | 12-15 |
| 612820C3 | Mar 10-Mar 24 | F | 5:30-6:30pm | 13-17 |
| 612820D3 | Mar 10-Mar 24 | F | 6:45-7:45pm | par/child |
| 612820E3 | April 7-28 | F | 3-4pm | 7-12 |
| 612820F3 | April 7-28 | F | 4:15-5:15pm | 12-15 |
| 612820G3 | April 7-28 | F | 5:30-6:30pm | 13-17 |
| 612820H3 | April 7-28 | F | 6:45-7:45pm | par/child |



Fencing

BEGINNING FENCING

Learn the basics of fencing with Coach Diana Unger. Fencing requires patience, concentration, discipline and self-awareness. The rewards are self-confidence, self-control and emotional strength. Each participant will receive a mask and a fencing jacket to keep throughout the program. No deposit is required, however if the equipment is not returned by the last day of class a \$200 fee will be charged to your household. Weapons will be kept at the facility. Each participant is expected to purchase an underarm protector and glove, as these are personal items, as well as register for a \$15 membership with USFA. Please purchase before the first class, visit www.cityofevanston. org/fencing for purchasing and member information.

Competition Class

Our new Prep for Competition class will introduce those with experience to the rules and structure of competition. Compete against classmates, perfect your attacks and work on defense. We have even recently purchased electronic equipment to give you experience using the same equipment used in tournaments.

Information: Eric, 847-448-8685

Instructor: Diana Unger

Location: Chandler-Newberger Community Center

Age: Varies; see below Fee, Beginner: \$142 R/\$185 NR Fee, Competition: \$266 R/\$346 NR

| Class# | Date | Day | Time | Level | Age |
|----------|-----------------|-----|--------------|-------|----------|
| 612807A3 | April 15-May 27 | Sa | 9:15-10:15am | Beg. | 7-14yrs |
| 612807B3 | April 15-May 27 | Sa | 3-4:30pm | Comp | 12-18yrs |

Field Hockey

RISE FIELD HOCKEY PROGRAM

RISE coaches will teach the game of field hockey and give athletes playing opportunities in this exciting sport. Coaches will work on fundamentals and game concepts in a competitive and fun environment. RISE coaches are former & current collegiate field hockey players. Athletes will need a stick, mouth guard, and shin guards. Please reach out to Courtney at riseevanston@gmail.com with any equipment questions.

Location: Robert Crown Fields Fee, grade k-5: \$145 R/\$189 NR Fee, grade 5-12: \$162 R/\$211 NR

| Class# | Dates | Days | Time | Grade |
|----------|-----------------|------|-------------|-------|
| 612851A3 | April 11-May 16 | Tu | 4:30-5:30pm | K-5 |
| 612851B3 | April 11-May 16 | Tu | 5:30-7pm | 5-8 |
| 612851C3 | April 11-May 16 | Tu | 7-8:30pm | 9-12 |

Fitness

ZUMBA ROBERT CROWN

Zumba® is a fusion of Latin and International music with dance themes creating a dynamic, exciting, effective fitness system! Routines feature aerobic/fitness interval training, resistance training and a combination of fast and slow rhythms that tone and sculpt the body. Easy-to-follow dance steps and body-sculpting movements maximize caloric output, fat burning and total body toning. This class will be in-person & virtual.

Instructor: Rhonda Stein

Location: Robert Crown Community Center

Age: 18 yrs. and up

Fee, 11 sessions: \$132 R /\$172 NR

Fee, per drop-in: \$15 per Fee, 10 punch Pass: \$120

| Class# | Dates | Days | Time | Туре |
|----------|---------------|------|--------|------------------------|
| 213318A3 | Mar 25-June 3 | Sa | 9-10am | Enrollement or Drop-in |
| Ongoing | Mar-June | W | 5-6pm | Drop-in Only |

FIN MOVES

FIN Moves is a high impact, circuit training class full of energy and motivation. Join instructor, Whitney Williams, as she motivates and pushes you toward your personal goals!

 $\textbf{Location:} \ \textbf{Fleetwood-Jourdain Community Center}$

Age: 18 yrs. and up

Fee, X sessions: \$65 R/\$85 NR

| Class# | Dates | Days | Time |
|-----------|----------------|-------|-------|
| /1221//A2 | Mar G April 27 | Tu Th | 7 0nm |



Open Gym

Note: times posted may change due to building rentals. Please confirm the schedule on the website or call the center for cancellation dates, prior to arrival.

Robert Crown Community Center

Fee, under 18 yrs.: Free

Fee, 18 yrs. and up: \$3 persession

Schedule: cityofevanston.org/robertcrown; 847-448-8258

Fleetwood-Jourdain Community Center

Fee, under 18yrs.: Free

Fee, 18 yrs. and up: \$1 persession

Schedule: cityofevanston.org/fleetwood; 847-448-8254

Personal Training

PERSONAL TRAINING AT LEVY CENTER (AGES 18+)

Now offering Virtual Training! Take the road to a healthier tomorrow and find a personal trainer at the Levy Center who is right for you. You don't have to be a Levy Center or Fitness Room member to purchase a personal training package; the only requirement is that you're age 18 or older. Nationally certified personal trainers are available for virtual and/or in-person sessions. From one time fitness assessments to help you start your journey, to long term training packages or anywhere in between, our trainers work with you to achieve your goals with safe, effective workouts that meet your needs.

To receive the discount, you must pre-purchase a package (i.e., no discount if you buy sessions one at a time) and must use the same trainer for all sessions. Personal training passes expire 6 months from the date of issue.

Registration: Levy Center's office, 847-448-8250 Fee for 30-minute sessions:

1 session, \$30; 5-session package, \$135; 10-session package, \$270

Fee for 60-minute sessions:

1 session, \$43; 5-session package, \$194; 10-session package, \$387.

Fitness Rooms

FITNESS ROOM AT LEVY CENTER

Improve your stamina, balance and shape when you make a commitment to staying active. It's easy when you join our Fitness Room with its top-quality cardio equipment as well as strength training equipment in a light, bright, cheerful atmosphere.

Location: Levy Senior Center

Fees:

Levy Center Member: \$115 Y/\$10 M Non-member Resident: \$300 Y/\$26 M Non-member Non-Resident: \$350 Y/\$32 M

Daily Fee, all adults: \$5

| Days | Age | Time |
|-------|----------|-------------|
| M-F | 18-54 | 7-9am/5-9pm |
| M-F | 55+ | 7am-9pm |
| Sa-Su | All Ages | 9am-3pm |

FITNESS ROOM AT FLEETWOOD-JOURDAIN CENTER (AGES 18+)

Our Fitness room is a bright beautiful place to work out. Includes all you need to get or stay in shape. The Fitness room has Ellipticals, weights, Treadmills and other options available for your workout needs

Location: Fleetwood-Jourdain Community Center

Age: 18 yrs. and up

Fee:

Yearly Fee: \$120 Monthly Fee: \$50 Daily fee: \$10

| Dates | Day | Time | |
|---------|-----|------------|--|
| Ongoing | M-F | 6am-8:30pm | |
| | Sa | 9am-4pm | |





Yoga

FIRESIDE YOGA

Join us at the most unique and relaxing setting for yoga in Evanston. Our fireside yoga program is held in front of the large fireplace inside the Evanston Ecology Center. Yoga strengthens your mind, body and spirit. Please bring your own yoga mat and water bottle.

Location: Evanston Ecology Center

Age:16 yrs. and up

Fee, 8 sessions: \$66 R/\$86 NR

| Class# | Dates | Days | Time | Level | |
|----------|------------------|------|-------------|--------|--|
| 113107A3 | Mar 15-22 | W | 6-7pm | Beg. | |
| 113107B3 | Aprril 12-May 17 | W | 7:15-8:15pm | Multi. | |

MORNING MOVEMENT

Start the day with good intentions and moving into a better embodiment. Yoga based, mindfully infused, outside weather permitting. Bring a mat or towel. Virtual option available.

Location: Noyes Cultural Arts Center

Age: 18 yrs. and up

Fee, 8 sessions: \$80 R/\$100 NR

| Class # | Dates | Days | Time |
|----------|-----------------|------|-------|
| 913301A3 | April 5- May 24 | Tu | 8-9am |

BEGINNING YOGA: TEEN & ADULT

This is a "sampler" class for over 60 yoga poses. You will experience relaxation and meditation techniques along with strengthening and flexibility poses in a non-competitive atmosphere. Please wear loose clothing and avoid food for two hours before sessions. This class will be held in-person & virtually. No class May 3 and 10.

Instructor: Emily Williams-Guthrie Location: Levy Senior Center or Virtual

Age: 12 yrs. and up

Fee, 7 sessions: \$56 LM/\$73 NM Class# **Dates** 513301A3 Mar 29-May 31 W 6:30-7:45pm

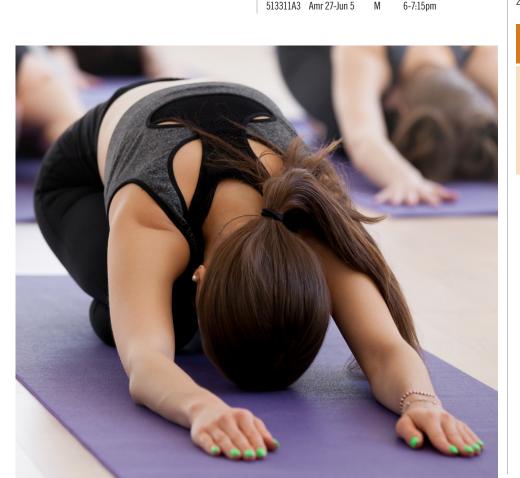
CONTINUING YOGA: TEEN & ADULT

This class is recommended for those who have prior experience and are able to sustain a higher level of effort. Relax in a non-competitive atmosphere while practicing activities leading to flexibility, strength and balance and meditation techniques. This class will be held in-person & virtually. No class May 18 and 29.

Instructor: Emily Williams-Guthrie Location: Levy Senior Center or Virtual

Age: 12 yrs. and up

Fee, 6 sessions: \$48 LM/\$63 NM Class# **Dates** Days Time 513311A3 Amr 27-Jun 5



YOGA IN THE PARK

Enjoy a session of yoga with Cyd from the Yoga Post while taking in the view of the lakefront. All levels welcome. Please bring your own mat, sunscreen, and water. Children under 18 need to register with an adult.

Location: Elliott Park Age: 13 yrs. and up

Fee, 1 session: \$12 R/\$15 NR

| Class# | Dates | Days | Time |
|----------|----------|------|-------|
| 712301A3 | April 28 | F | 8-9am |
| 712301B3 | May 5 | F | 8-9am |
| 712301C3 | May 12 | F | 8-9am |
| 712301D3 | May 19 | F | 8-9am |

Table Tennis

TABLE TENNIS

In this program the instructor will teach all aspects and fundamentals of table tennis, which will include covering, serving, strokes, and the official rules in order to prepare participants for competition.

Location: Robert Crown Community Center

Age: 8-12 yrs.

Fee, 9 sessions: \$90 R/\$120 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|-------|
| 212829A3 | Mar 27-May 22 | M | 5-6pm |

Drop In Table Tennis

| Robert Crown Community Center | | | | |
|-------------------------------|-------|----------------|------|--|
| Days | Time | Age | Fee | |
| Su | 4-5pm | 8-17 yrs. | Free | |
| Su | 5-6pm | 18 yrs. and up | \$3 | |
| Information: 847-448-8258 | | | | |
| | | | | |

Tennis

PEE WEE TENNIS

For kids just learning to play! Lesson plans will focus on basic ball skills, movement, age-appropriate technique, and making sure your child has fun and loves tennis. This is the perfect opportunity for your child to learn the fundamentals of the sport.

Location: Lovelace Park

Age: 4-5 yrs.

 Class #
 Dates
 Days
 Time

 612710A3
 May 6-27
 Sa
 2-2:45pm

YOUTH BEGINNER TENNIS

For tennis players who can rally from the baseline. Live-ball drills and point play help develop shot selection and movement while players continue stroke development. Players have proven skills in mechanics, control, consistency and movement.

Location: Lovelace Park

Age: 6-10 yrs.

Fee, 4 sessions: \$123 R/\$160 NR

| Class # | Dates | Days | Time | Age | |
|----------|----------|------|--------|----------|--|
| 612750A3 | May 6-27 | Sa | 12-1pm | 6-10 yrs | |

YOUTH INTERMEDIATE TENNIS

For tennis players who can rally from the baseline. Live-ball drills and point play help develop shot selection and movement while players continue stroke development. Players have proven skills in mechanics, control, consistency and movement.

Location: Lovelace Park

Age: 9-14 yrs.

Fee, 4 sessions: \$123R/\$160 NR

| Class# | Dates | Days | Time |
|----------|----------|------|-------|
| 612752A3 | May 6-27 | Sa | 1-2pm |

ADULT BEGINNER/ ADVANCED BEGINNER TENNIS

Beginner Adult Lessons are geared toward the player with no prior tennis experience. We'll learn basic strokes, rules and etiquette.

Location: Lovelace Park **Age:** 18 yrs. and up

Fee, 4 sessions: \$123 R/\$160 NR

| Class# | Dates | Days | Time | |
|----------|----------|------|--------------|--|
| 612754A3 | May 6-27 | Sa | 9-30-10-30am | |

ADULT INTERMEDIATE TENNIS

This player has had some formal instruction, is able to perform basic strokes and executes serve with proper motion. Consistency will be emphasized along with a more focused sense of footwork and ball placement. Both feeding drills and point play will be used. This class is geared toward players who hit with medium power.

Location: Lovelace Park **Age:** 18 yrs. and up

Fee, 4 sessions: \$176 R/\$229 NR Class# Dates Days Time

612755A3 May 6-27 Sa 10:30am-12pm

Pickleball

PICKLEBALL DRILLS BEGINNER/ INTERMEDIATE

We'll learn basic strokes, rules and etiquette. No class May 29; class will instead take place May 30 at the same time.

Location: Lovelace Park **Age:** 18 yrs. and up

Fee, 4 sessions: \$123R/\$160 NR

 Class #
 Dates
 Days
 Time

 613825A3
 May 15-June 5
 M
 5-6pm

PICKLEBALL DRILLS INTERMEDIATE/ ADVANCED

This player has had some formal instruction, is able to perform basic strokes and executes serve with proper motion. Consistency will be emphasized along with a more focused sense of footwork and ball placement. Both feeding drills and point play will be used. This class is geared toward players who hit with medium power. No class May 29; class will take place May 30 at the same time.

Location: Lovelace Park **Age:** 18 yrs. and up

Fee, 4 sessions: \$123R/\$160 NR

 Class #
 Dates
 Days
 Time

 613826A3
 May 15-June 5
 M
 6-7pm

ADULT PICKLEBALL

This class is for those who have never played pickleball before or who have very limited experience with the sport. It will focus on pickleball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. All equipment will be provided.

Location: Robert Crown Community Center

 $\textbf{Age:}\ 16\,\text{yrs.}\ \text{and}\ \text{up}$

Fee, 9 sessions: \$113 R/\$147 NR Fee, 10 sessions: \$126 R/\$164 NR

| Class # | Dates | Days | Time |
|----------|----------------|------|-------------|
| 212845A3 | Mar 27- May 22 | M | 6:30-7:30pm |
| 212845A3 | Mar 29- May 31 | W | 6:30-7:30pm |

Volleyball

VOLLEYBALL SKILLS

This program will include instruction in the basic skills of serving, passing, setting, attacking and blocking. The class will also cover the tactical skills of volleyball, which includes offensive and defensive play, as well as the rules and scoring. Participants will learn how to compete in a positive environment, while also working together and encouraging each other along the way.

Location: Robert Crown Community Center

Age: 11-17 yrs.

Fee, 10 sessions: \$180 R/\$234 NR

| Class# | Date | Days | Time |
|----------|---------------|------|-------------|
| 212833A3 | Mar 29-May 31 | W | 6:30-7:30pm |

INDOOR VOLLEYBALL SKILLS & DRILLS (CO-ED)

Reach the next level of the game with 90 minutes of drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop a good understanding of each position on offense and defense. The lesson plan directs the use of individual training; pairing drills and game situation development that help each player reach a new level. Coaches will organize games at the end of each class. Lesson plans also incorporate leadership and educational components.

Location: Chandler-Newberger Center

Age: 8-14 yrs.

Fee, 4 sessions: \$109R/\$142 NR

| Class# | Dates | Days | Time | Ages | |
|----------|------------|------|-------------|-------|--|
| 612860A3 | April 6-27 | Th | 5:15-6:45pm | 8-10 | |
| 612860B3 | April 6-27 | Th | 6:45-8:15pm | 11-14 | |
| 612860C3 | May 4-25 | Th | 5:15-6:45pm | 8-10 | |
| 612860D3 | May 4-25 | Th | 6:45-8:15pm | 11-14 | |
| | | | | | |





BEACH VOLLEYBALL

Reach the next level with 90 minutes of volleyball drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop a good understanding of each position on offense and defense. The lesson plan directs the use of individual training; pairing drills and game situation development that help each student reach a new level. Instructors will organize games at the end of each class. The lesson plan also incorporates leadership and educational components.

Location: Clark Street Beach

Age: 8-14 yrs.

Fee, 4 sessions: \$109 R/\$142NR

| Class# | Dates | Days | Time | Age | |
|----------|------------|------|------------|-------|--|
| 612863A3 | April 1-22 | Sa | 8:30-10am | 8-10 | |
| 612863B3 | April 1-22 | Sa | 10-11:30am | 11-14 | |
| 612863E3 | May 6-27 | Sa | 8:30-10am | 8-10 | |
| 612863F3 | May 6-27 | Sa | 10-11:30am | 11-14 | |

ADULT SKILLS & DRILLS 101

If you are learning to play volleyball this class will teach you proper setting, passing and serving techniques. Introduction to spiking and footwork will be taught each class.

Location: Chandler-Newberger Community Center

Age: 18 yrs. and up

Fee, 4 sessions: \$99 R/\$129 NR

| Class# | Dates | Days | Time | |
|----------|----------|------|-------|--|
| 612864A3 | Apr 5-26 | W | 6-7pm | |
| 612864B3 | May 3-24 | W | 6-7pm | |

ADULT SKILLS & DRILLS 201

If you have a few years of volleyball experience and have good passing, setting and spiking techniques our coaches will help to a high level in 4 week advance lesson plan. Jump serving and blocking drills will be introduced. Game situation drills will add to the experience.

Location: Chandler-Newberger Community Center

Age: 18 yrs. and up

Fee, 4 sessions: \$99 R/\$129 NR

| Class# | Dates | Days | Time | |
|----------|----------|------|-------|--|
| 612865A3 | Apr 5-26 | W | 7-8pm | |
| 612865B3 | May 3-24 | W | 7-8pm | |

Basketball

BASKETBALL SKILLS & DRILLS (CO-ED)

This class will break skills down to their most basic and fundamental levels for players new to the game. Players will be introduced to a variety of drills to establish familiarity with dribbling, passing, receiving, rebounding, shooting, and basic footwork.

Location: Chandler-Newberger Community Center Fee: \$139 R/\$181 NR

| Class# | Dates | Days | Time | Grade |
|----------|-----------------|------|-------------|-------|
| 612805A3 | April 10-May 22 | M | 4:30-5:30pm | 1-2 |
| 612805B3 | April 10-May 22 | M | 5:30-6:30pm | 3 |

BASKETBALL SKILLS & DRILLS (GIRLS ONLY)

This course is for beginner to intermediate level female basketball players. Our experienced coaches will introduce players to the fundamentals of the game such as shooting, dribbling, passing and defense. Players will have fun taking part in various drills and competitions while learning the rules of the games and basic basketball concepts. Location: Chandler-Newberger Community Center

Age: 9-11 yrs Fee: \$139 R/\$181 NR

| Class # | Dates | Days | Time |
|----------|------------------|------|-------------|
| 612831A3 | April 10- May 22 | M | 7:30-8:30pm |

BASKETBALL SKILLS

Learn the fundamentals of stance/triple threat and progress through to more advanced skills of dribbling, passing, and defense leading up to playing a mini game. Each class is curriculum based and will build upon the skills and concepts learned in previous classes. Children will also learn key basketball rules and terminology.

Location: Robert Crown Community Center

Age: 6-8 yrs

Fee, 4 sessions: \$72 R/\$94 NR

| Class # | Dates | Days | Time |
|----------|------------|------|------------|
| 212831A3 | April 8-29 | Sa | 10-10:45am |

ROOKIE BASKETBALL SKILLS

Start developing those ball-handling skills when your child is little and marvel at what they will be able to do once their hands grow! We teach the fundamentals of the game, keeping it active and fun while we work on age-appropriate offensive and defensive strategies.

Location: Chandler-Newberger Community Center

Age: 6-8 yrs.

Fee, 6 sessions: \$89 R/\$116 NR Clace # Nates Days Time

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|----------|-----------------|------|----------|
| 612848A3 | April 16-May 21 | Su | 9-9:45am |

BASKETBALL SKILLS & DRILLS (BOYS ONLY)

This course is for beginner to intermediate level male basketball players. Our experienced coaches will introduce players to the fundamentals of the game such as shooting, dribbling, passing and defense. Players will have fun taking part in various drills and competitions while learning the rules of the games and basic basketball concepts.

Location: Chandler-Newberger Community Center Age: 9-11 vrs.

Fee: \$139 R/\$181NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 612832A3 | April 10-May 22 | M | 6:30-7:30pm |

BASKETBALL OVER 40

We want to get players over forty back into the game they know and love. Basketball Over 40 levels the pick-up basketball environment and brings like-minded, competitive adults together for a good run. We differentiate ourselves from a typical open gym by stressing the commitment to creating a "basketball community" through three paramount aspects: Competition, Courtesy and Camaraderie. Basketball players are encouraged to compete aggressively, but we know it must be within an atmosphere of courtesy and camaraderie.

Instructor: Bill Braman Location: Levy Senior Center

Age: 40 yrs. and up Fee, drop-in: \$8 R/NR

| Dates | Days | Time |
|---------|------|-------------|
| Ongoing | Th | 6:30-8:30pm |



Gymnastics Information

Chandler- Newberger Center

1028 Central St.

All classes meet in the south gym at the Chandler-Newberger Center located at 1028 Central Street in Evanston

Contact Information

Kathryn Dolan, Gymnastics Supervisor, kdolan@cityofevanston.org

Chandler-Newberger Center

847-448-8252

Non-Meeting Dates

Saturday, May 27 Sunday, May 28

Monday, May 29

Make Ups

Each student is allowed up to 2 make-up classes per 8 week session. Make-up classes must be scheduled and completed before the end of the session. Contact Kathryn Dolan at kdolan@cityofevanston.org to schedule.

Progression and Testing

At the end of each session, gymnasts will receive a recommendation from their coach as to which level to register for next. Please do not advance your child without a coach's recommendation.

Which class is right for me or my child?

Gymnastics with a Grown Up

No experience necessary. This class is loosely structured for tots to work through the curriculum at their own pace.

Preschool Gymnastics

No experience necessary. Gymnasts will participate independently without a parent or guardian's help.

Beginning I Gymnastics (Coed)

No experience necessary. Gymnasts will progress through basic skills on bars, beam, floor and vault.

Beginning II Gymnastics (Coed)

Coach's recommendation or 1 year of Beginning I experience. Gymnasts will build on the basic skills learned in Beginning I.

Advanced Beginning, Intermediate and Advanced Gymnastics (Girls)

Coach's recommendation only.

For students who consistently demonstrate an extensive and well-rounded skill set, and a strong work ethic. Gymnasts must meet skill requirements on all Olympic events and be prepared to take their advancement seriously.

Private Lessons

Private lessons may be booked with any current gymnastics instructor for 30-60 minute sessions. Groups of up to 3 may book a private lesson together. Contact Kathryn Dolan for information.

Gymnastics

GYMNASTICS WITH A GROWN UP

With a parent/guardian and our instructors' assistance, your Tot will enjoy free play on the gymnastics equipment, explore new obstacle courses, and be introduced to various ageappropriate gymnastics skills each week. This class is a great way for your little one to climb and play with supervision. Parents/guardians must attend with their child.

 $\textbf{Location:} \ \textbf{Chandler-NewbergerCenter}$

Fee, 8 week session (35 min.): \$58 R / \$76 NRFee, 8 week session (45 min.): \$75 R / \$98 NRFee, 7 week session (35 min.): \$51 R / \$66 NR

Fee, 7 week session (45 min.): \$66 R/\$86 NR

| Class# | Dates | Days | Time | Age |
|----------|-----------------|------|---------------|----------|
| 611157A3 | April 10-June 5 | M | 9:30-10:05am | 1.5-2.25 |
| 611157B3 | April 15-June 3 | Sa | 9:30-10:05am | 1.5-2.25 |
| 611157C3 | April 12-May 31 | W | 4-4:45pm | 2.25-3.5 |
| 611157D3 | April 14-June 2 | F | 9:30-10:15am | 2.25-3.5 |
| 611157E3 | April 14-June 2 | F | 10:30-11:15am | 2.25-3.5 |
| 611157F3 | April 16-June 4 | Su | 9:30-10:15am | 2.25-3.5 |
| 611157G3 | April 16-June 4 | Su | 10:30-11:15am | 2.25-3.5 |

PRESCHOOL GYMNASTICS

Our instructors work with your child to improve their coordination, balance, flexibility and general motor skills in a fun, safe environment. Gymnasts will explore a wide variety of new movements and activities at their own pace, and will be gently introduced to the more structured schedule and rules of a school-age gymnastics class and rules of a school-age gymnastics class.

Location: Chandler-Newberger Center

Age: 3.5-5.5 yrs.

Fee, 7 week session: \$79 R/\$103 NR Fee, 8 week session: \$90 R/\$117 NR

| Class# | Dates | Day | Time |
|----------|-----------------|-----|-----------------|
| 611158A3 | April 10-June 5 | M | 10:15-11am |
| 611158B3 | April 10-June 5 | M | 3-3:45pm |
| 611158C3 | April 11-May 30 | Tu | 3-3:45pm |
| 611158D3 | April 12-May 31 | W | 5-5:45pm |
| 611158E3 | April 13-June 1 | Th | 2-2:45pm |
| 611158F3 | April 13-June 1 | Th | 3-3:45pm |
| 611158G3 | April 14-June 2 | F | 11:30am-12:15pm |
| 611158H3 | April 14-June 2 | F | 4-4:45pm |
| 611158J3 | April 15-June 3 | Sa | 10:15-11am |
| 611158K3 | April 16-June 4 | Su | 11:30-12:15pm |
| 611158L3 | April 16-June 4 | Su | 12:30-1:15pm |
| 611158M3 | April 16-June 4 | Su | 3:30-4:15pm |
| | | | |

COED BEGINNING GYMNASTICS

No experience necessary. Beginning gymnastics introduces skills and drills that are fun, safe, and understandable for gymnasts of varying backgrounds, while providing the structure needed to start training and perfecting basic skills on bars, beam, floor, and vault.

Location: Chandler-Newberger Center

Age: 5-13 yrs.

Fee, 7 sessions: \$105 R/ \$137 NR Fee, 8 sessions: \$120 R/ \$156 NR

| Class# | Dates | Days | Time | Age |
|----------|-----------------|------|---------------|------------|
| 612810A3 | April 10-June 5 | M | 4-5pm | 5-6.5 yrs |
| 612810B3 | April 10-June 5 | M | 5-6pm | 5-6.5 yrs |
| 612810C3 | April 13-June 1 | Th | 4-5pm | 5-6.5 yrs. |
| 612810D3 | April 13-June 1 | Th | 5-6pm | 5-6.5 yrs. |
| 612810E3 | April 14-June 2 | F | 5-6pm | 5-6.5 yrs. |
| 612810F3 | April 16-June 4 | Su | 11:30-12:30pm | 5-6.5 yrs. |
| 612810G3 | April 16-June 4 | Su | 3:30-4:30pm | 5-6.5 yrs. |
| 612810H3 | April 10-June 5 | M | 4-5pm | 6-8 yrs. |
| 61281013 | April 10-June 5 | M | 5-6pm | 6-8 yrs. |
| 612810J3 | April 10-June 5 | M | 6-7pm | 6-8 yrs. |
| 612810K3 | April 12-May 31 | W | 6-7pm | 6-8 yrs. |
| 612810L3 | April 13-June 1 | Th | 4-5pm | 6-8 yrs |
| 612810M3 | April 13-June 1 | Th | 5-6pm | 6-8 yrs |
| 612810N3 | April 13-June 1 | Th | 6-7pm | 6-8 yrs |
| 612810P3 | April 14-June 2 | F | 6-7pm | 6-8 yrs. |
| 612810Q3 | April 15-June 3 | Sa | 11:15-12:15pm | 6-8 yrs. |
| 612810R3 | April 16-June 4 | Su | 2:30-3:30pm | 6-8 yrs. |
| 612810S3 | April 10-June 5 | M | 6-7pm | 9-13 yrs. |
| 612810T3 | April 16-June 4 | Su | 1:30-2:30pm | 9-13 yrs. |
| | | | | |

COED BEGINNING II GYMNASTICS

This class is for those who have taken at least 1 year or more of consecutive gymnastics classes or have received approval from their coach..
Beginning II gymnastics will focus on mastering the skills necessary to move up to Advanced Beginning Gymnastics while working to improve their conditioning, flexibility and balance. Gymnasts will work on their skills on the vault, bars, beam and floor.

 $\textbf{Location:} \ \textbf{Chandler-Newberger} \ \textbf{Center}$

Age: 6-14 yrs.

Fee, 7 sessions: \$105 R/ \$137 NR Fee, 8 sessions: \$120 R/\$156 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 612809A3 | April 10-June 5 | M | 4-5pm |
| 612809B3 | April 13-June 1 | Th | 5-6pm |
| 612809C3 | April 13-June 1 | Th | 6-7pm |
| 612809D3 | April 16-June 4 | Su | 1:30-2:30pm |





TUMBLING ALL LEVELS

No experience necessary. Tumbling focuses on mastering and advancing your floor skills. The class will warm up together, then students will be grouped by ability to work on a variety of tumbling skills each week, ranging from cartwheels and handstands to handsprings and saltos.

Location: Chandler-Newberger Center

Age: 6-14 yrs.

Fee, 7 sessions: \$79 R/\$103 NR

| Class # | Dates | Days | rime |
|----------|-----------------|------|-----------|
| 612803A3 | April 15-June 3 | Sa | 12:15-1pm |

GIRLS ADVANCED BEGINNING

Only students who have received a written recommendation from their coach may progress to Advanced Beginning. Advanced Beginning refines many of the skills learned in beginning gymnastics and introduces the more difficult progressions we are ready to learn after mastering the basics. This class allows gymnasts to continue to develop skills and increase self-confidence, while preparing them for the Intermediate level.

Class placement questions: Kathryn, 847-448-8680 Location: Chandler-Newberger Center

Age: 7-14 yrs.

Fee, 8 sessions: \$180 R/\$234 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 612811A3 | April 10-June 5 | W | 6-7:30pm |
| 612811B3 | April 12-May 31 | W | 6-7:30pm |
| 612811C3 | April 14-June 2 | F | 6-7:30pm |

GIRLS INTERMEDIATE GYMNASTICS

Only students who have received a written recommendation from their coach may progress to Intermediate. Intermediate classes introduce a variety of advanced skills, while still practicing the drills, progressions, and conditioning for even more advanced skills later on. At this level, gymnasts should be able to retain corrections from class to class, have a strong idea of their own skills goals, and be self-motivated to better their own gymnastics. It is recommended to register for 2 classes per week

Class placement questions: Kathryn, 847-448-8680 Location: Chandler-Newberger Center

Age: 8-14 vrs.

Fee, 7 sessions: \$158 R/\$205 NR Fee, 8 sessions: \$180 R/\$234 NR

| UIA33# | שמוכט | рау | HIIIG |
|----------|-----------------|-----|----------|
| 612825A3 | April 12-May 31 | W | 6-7:30pm |
| 612825C3 | April 16-June 4 | Su | 2-3:30pm |

GIRLS ADVANCED GYMNASTICS

Advanced classes train a variety of advanced skills, while still practicing the drills progressions, and conditioning for even more advanced skills later on. At this level, gymnasts should be able to retain corrections from class to class, have a strong idea of their own skills goals and be self-motivated to better their own gymnastics. It is recommended to register for 2 classes perweek at this level.

Class placement questions: 847-448-8252 **Location:** Chandler-Newberger Center

Age: 8-14 yrs.

Fee, 7 sessions: \$158 R/\$205 NR Fee, 8 sessions: \$180 R/\$234 NR

| Class# | Dates | Day | Time |
|----------|-----------------|-----|----------|
| 612823A3 | April 13-June 1 | Th | 6:30-8pm |
| 612823B3 | April 16-June 4 | Su | 2-3:30pm |

Baseball

BASEBALL SKILLS

This program features structured learning, highlighted by practice and one game each week! Over the course of the program, children will practice and engage in multiple lessons that include skills, drills, and organized play.

Location: Robert Crown Community Center

Age: 7-10 yrs.

Fee, 4 sessions: \$72 R/\$94 NR

| Class # | Dates | Days | Time | |
|----------|------------|------|-----------|--|
| 212831A3 | April 8-29 | Sa | 11am-12pm | |



Ultimate Frisbee

CHICAGO UNION ULTIMATE DISC CLINIC

Ultimate is a fast, fun, easy-to-learn field game played with a flying disc. It is a non-contact sport that combines the athleticism of running and agility with the skills of throwing and catching. All levels of players are invited to build their throwing/catching skills and learn the basic rules and strategies of the sport in this fun, game-based clinic hosted by the Chicago Union.

Location: Robert Crown Community Center

Age: 9-13 yrs. Fee, \$55 R/72 NR

Class# Date Day Time 612858A3 May 20 Sa 9am-12pm

Assorted Sports

GAME ON! MULTI-SPORT CLASS (GIRLS ONLY)

Ready, Set, Game On! for a sports-filled and learning experience like no other. Explore and learn a different sport every 1-2 weeks. We may cover basketball, soccer, football, softball, lacrosse, volleyball, spikeball, team handball and more in a FUN, energy-filled environment! From our years dedicated to working with girls, we have the unique games and expertise to help girls of all skill levels to grow as an athlete and a person. Attention to teamwork, sportsmanship, self-esteem, respect, goal setting and a whole lot of GirlStrong are also an integral part of this unique program. (Activities and games will differ from session to session.)

Age: 5-10 vrs.

Location: Chandler-Newberger Center

Fee: \$117R/\$152 NR

| Class# | Dates | Days | Time | Grade | |
|----------|-----------------|------|-------------|-------|--|
| 612861A3 | April 15-May 13 | Sa | 1:15-2:15pm | K-2 | |
| 612861B3 | April 15-May 13 | Sa | 2:15-3:15pm | 3-4 | |

TRIPLE PLAY SPORTS

Players will have the opportunity to work together and learn multiple strategies through competition in three different sports, which will include indoor basketball, soccer and dodge-ball.

Location: Robert Crown Community Center

Age: 7-10 yrs.

Class # Dates

Fee, 9 sessions: \$90 R /\$120 NR

| 01422 # | שמופט | рауз | TIIIIE |
|----------|---------------|------|-------------|
| 212825A3 | Mar 29-May 31 | W | 5:30-6:15pm |

Athletics

Martial Arts

YOUTH KENDO

Strengthen and sharpen physical and mental skills while meeting and making new friends and developing character in this Japanese style martial arts class.

Location: Fleetwood-Jourdain Center

Age: 7-17 yrs. **Fee:** \$150 R/\$195 NR

 Class #
 Dates
 Days
 Time

 412811A3
 Mar 17-May 5
 F
 7-8:30pm

KARATE

In a family atmosphere participants will learn selfdefense through improved focus, stillness, muscle strength, stamina, and flexibility. Sensei Thomas Sexton has competed in many tournaments and fought on "Chicago's Midwest Circuits." He is now sharing his skills and experiences with the Evanston Youth and adult communit

Location: Fleetwood-Jourdain Center

Age: 7 yrs. and up.

Fee, X sessions: \$82 R/\$107 NR

 Class #
 Dates
 Days
 Time

 412105A3
 Mar 25-May 13
 Sa
 10-11:30am



KRAV MAGA

Krav Maga is a dynamic and challenging selfdefense system with a focus on real-world selfprotection and fitness. The exciting curriculum includes striking and kicking techniques as well as grappling skills and weapons defense. Beginning and experienced Teen and Adult students are invited to join this non-competitive class. You don't have to be an Olympic athlete to benefit from this success-based, effective program. No class May 4.

Location: Levy Senior Center

Age: 13 yrs. and up

 Fee, 10 sessions:
 \$149 R/\$194 NR

 Class#
 Dates
 Days
 Time

 512320A3
 Jun 1-May 25
 Th
 6-7pm

TAEKWON DO

Grandmaster Connelly is Evanston's most experienced Taekwon-do martial arts professional for over 25 years. His successful programs teach and motivate kids to grow stronger in body, mind and spirit so to become Black Belt Leaders. Fun, safe, age-appropriate, rewarding classes are available for beginning, intermediate and advanced students. No class May 6 and 29. Information: 847-568-0912; Connellysacademy.com Instructor: Grandmaster Connelly

Location: Levy Senior Center

Tiger Cubs

Designed to be engaging and fun, this class will bring out the best in your child. Students develop focus, agility and strength in this safe, non-competitive, and non-combative class. The traditional Martial Arts values are coupled with modern, age-appropriate games and activities.

Age: 4-6 yrs.

Fee, 10 sessions: \$149 R/\$194 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|----------|
| 512304A3 | Mar 27-Jun 5 | M | 5:15-6pm |
| 512304B3 | Mar 22-May 24 | W | 5:15-6pm |

Young Tigers

This is a fun and exciting, non-competitive class in which your child will progress in the martial arts, develop leadership skills and challenge himself to be his personal best. Building competence and confidence, your child will grow stronger in mind body and spirit.

Age: 7-12yrs.

Fee, 10 sessions: \$149 R/\$194 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|-------|
| 512305A3 | Mar 27-Jun 5 | M | 6-7pm |
| 512305B3 | Mar 22-May 24 | W | 6-7pm |

Advanced Youth

The class challenges youth students ranked at Red Stripe and higher to take their training to the next level. Emphasizing rank appropriate patterns, techniques and leadership, students will be prepared for advancement, both physically and mentally.

Age: 4-18 yrs.

Fee, 10 sessions: \$149 R/\$194 NR

| Class # | Dates | Days | Time |
|----------|---------------|------|-------|
| 512307A3 | Mar 22-May 24 | W | 7-8pm |

Advanced Teens and Adults

The class challenges youth students ranked at Red Stripe and higher to take their training to the next level. Emphasizing rank appropriate patterns, techniques and leadership, students will be prepared for advancement, both physically and mentally.

Age: 13 yrs. and up

Fee, 10 sessions: \$193 R/\$251 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|----------|
| 513302A3 | Mar 27-June 5 | M | 7-8:30pM |

High School Teens and Adults, All Levels

The class provides a safe and non-competitive environment for full-body workout, self defense training and stress relief. This program includes non-contact sparring

Age: 17 yrs. and up

Fee, 10 sessions: \$149 R/\$194 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|-------|
| 512308A3 | Mar 22-May 24 | W | 7-8pm |

Advanced Students- Red Stripe Belts and Higher

This class is designed to provide a challenging Taekwon-do training opportunity to students who are ranked at Red Stripe or higher. The health and safety of our students is our top priority. Class size is limited to 16

Age: 4 yrs. and up

Fee, 10 sessions: \$193 R/\$251 NR

| Class# | Dates | Days | Time |
|----------|--------------|------|-----------|
| 512309A3 | Jun 3-May 27 | Sa | 8:30-10am |

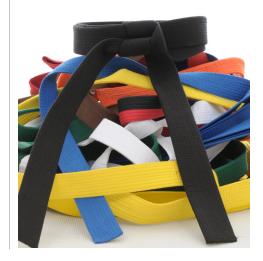
All Belt Levels

From beginning to senior belts, this class offers all students of all ages an opportunity to train with Grandmaster Connelly and his experienced instructor team. This class is exciting and fun, providing opportunities to grow in body, mind, and spirit. The health and safety of our students is our top priority. Class size is limited to 16.

Age: 4 yrs. and up

Fee, 10 sessions: \$149 R/\$194 NR

| Class# | Dates | Days | Time |
|----------|--------------|------|---------|
| 512310A3 | Jun 3-May 27 | Sa | 10-11am |





Public Skating Schedule

MARCH 1-JUNE 11

Contact the Robert Crown Center for cancellations and information, 847-448-8258.

Public skate session admission tickets can be purchased up to 7 days in advance online or by calling the center. Pre-purchasing will conclude 2 hours before each session. Remaining admission tickets will be sold on a first come, first served basis in person 30 minstues before the session starts. Annual season pass holders must call the center to reserve their ticket in advance. All online ticket purchases are non-transferable and non-refundable. Cityofevanston.org; 847-448-8258.

SCHEDULE

| Day | Time |
|-----|--------------|
| M-F | 11am-12:30pm |
| Tu | 7-8:30pm |
| F | 7-8:30pm |
| Sa | 12:30-2pm |
| Su | 12:30-2pm |

ADMISSION

| | General | Special Event |
|-------------------|---------|---------------|
| 13 yrs. and up | \$9 | \$10 |
| 12 yrs. and under | \$5 | \$6 |

TGIF: DJ SKATE NIGHTS

Skate to your favorite music provided by D.I.M.E. Theme information: cityofevanston.org/crown Annual passes are not accepted during DJ Skate Nights

| Date | Day | Time |
|----------|-----|----------|
| March 24 | F | 7-8:30pm |
| April 28 | F | 7-8:30pm |
| May 26 | F | 7-8:30pm |
| | | |

SKATE RENTALS

Fee: \$3 per public skate session. Figure Skate sizes: child size 7-adult 14 Hockey Skates sizes: child size 7-adult 16

ANNUAL PASS

12 months: \$105

Hockey

Location: Robert Crown Community Center

YOUTH STICK AND PUCK

Get in some extra stick and puck time on a full sheet of ice. Supervision is provided while participants are on the ice. Private coaching, scrimmaging and organized practices are prohibited. Sessions are scheduled on District 65 days off and early dismissals. No parents allowed on the ice

Age: 5-14 vrs.

Day of per session fee: \$14 R/\$18 NR

| Dates | Time |
|---------|------------------------|
| Ongoing | check online for sched |

RC EDGE LEARN TO SKATE HOCKEY

The programs' curriculum is designed to teach the fundamental hockey skills both skating and stick/ puck work based on the USA Hockey Learn to Play format. Participants work with the four levels of skating basics as shown in the USA cicurriculum, but this is a step up from Learn to Skate; the focus is stick/puck skill development. Skaters will learn the necessary fundamentals to be successful in game situations. Included with registration is a RC Edge Hockey jersey. A membership with Learn to Skate USA is required at the time of registration. The calendar year for the LTS membership is July 1-June 30. No Class March 19, April 2, 21, 22, 23.

Fee, 9 sessions: \$128 R/\$167 NR Fee, 10 sessions: \$142 R/\$185 NR

| Class# | Dates | Days | Time | Age |
|----------|----------------|------|-------------|-----------|
| 312503A3 | Mar 13 -May 15 | M | 4:40-5:25pm | 3-6 yrs. |
| 312503B3 | Mar 26-May 28 | Su | 2:30-3:15pm | 3-6 yrs. |
| 312505A3 | Mar 13 -May 15 | M | 5:25-6:10pm | 7-10 yrs. |
| 312505B3 | Mar 26-May 28 | Su | 3:15-4:00pm | 7-10 yrs. |
| 312505B3 | Mar 26-May 28 | Su | 3:15-4:UUPM | 7-10 yrs. |

ADULT BEGINNER HOCKEY

This is an introduction class to skating and stick/ puck handling. Participants should have some basic skating skills before the beginning of the class. A helmet, stick, elbow and knee pads are required. Equipment is not available to borrow. No class March 19, April 2, April 21, 22, 23.

Age: 16 yrs. and up

Fee, 10 sessions: \$142 R/\$185 NR

| Class# | Dates | Days | Time | |
|----------|---------------|------|-------------|--|
| 312506A3 | Mar 26-May 28 | Su | 8:40-9:40pm | |

ADULT DROP-IN HOCKEY

If you are looking for good games and great competition come and check out our weekday sessions in the spring and weekend sessions in the summer. Full equipment is required. No checking is allowed.

Cancellations: cityofevanston.org / 847-448-8258

Age: 18 yrs. and up

Fee: \$12 per session or 10 punch pass for \$95

Spring Date Range

| Dates | Days | Time |
|-------------|------|--------------|
| Mar 1-Jun 5 | M-F | 12:45-2:15pm |

Figure Skating Information

Robert Crown Community Center 1801 Main St., 847-448-8258

Non-meeting dates:

March 19, April 21, 22, 23 and May 20, 21.

Need to rent skates during class? Figure Skates rental fee: \$2 per class

Refunds, Pro-rating and Make Ups

The figure skating program follows the department's refund policy. Classes are not pro-rated if registering after class begins. There are no make up classes.

Progression and Testing

Classes should be completed and passed in sequential order. Each child's progress will be monitored weekly and at the end of the session an instructor will evaluate their skills. After passing the evaluation, the skater should enroll in the next level.

Which class is right for me or my child?

Parent Tot class is for parents who wish to skate with their children.

Snowplow Sam 1-4 levels are designed to help the skater develop preliminary coordination and strength to maneuver on the ice.

Basic Skills 1-6 are the fundamentals of the sport. See class listing for more details.

Pre-Free Skate and Free Skate 1-6 is comprised of a variety of progressive skating skills, transitions, spins and jumps—all of which build on the previous skill, providing skaters a strong foundation of all elements.

Adults: Skaters 18 years and up who have never skated before begin at Adult 1.

Learn to Skate USA Membership

The figure skating program follows the curriculum of Learn to Skate USA, which is supported by U.S. Figure Skating, USA Hockey, US Speed skating and Special Olympics. LTS USA requires a yearly membership fee of \$17 per child which is valid July 1-June 30 annually. Payment for your membership will be required when registering for your first skating class. Membership fees are not pro-rated regardless of when registering for your first skating class. All figure skating programs require the membership. To learn more about the benefits of LTS USA visit learntoskateusa.com.

Figure Skating Class Discount

If the same individual registers for more than one class a week, the second class is 50% off. The discount is deducted from the lower price class and does not apply to off-ice classes. Register at the office to receive discount. Must be applied before classes begin.

Figure Skating continues on next pg.18

Figure Skating continued from previous pg.

Figure Skating Classes

Location: Robert Crown Center

PARENT-TOT INTRO TO SKATING

For the true beginner who has no prior experience, and would like an introduction to the world of figure skating or hockey. One family may accompany each participant on the ice. Adults must be able to skate.

Age: 3-5 yrs.

Fee, 7 sessions: \$73 R/\$95 NR Fee, 10 sessions: \$104 R/\$130 NR

| Class# | Dates | Days | Time |
|----------|---------------|------|----------|
| 312501A3 | Mar 17-May 26 | F | 4-4:30pm |
| 312501B3 | Mar 26-May 14 | Su | 3-3:30pm |

HOME SCHOOL SKATING

Ice skating class for home schooled children. Class is divided into ability levels from beginning skaters to those more advanced. Class consists of 45 minutes of instruction and 15 minutes of free practice time.

Age: 5 yrs. and up

Fee, 11 sessions: \$162 R/\$211 NR Class# Dates Days Time

| υιαδό π | Dates | Days | THILE |
|----------|---------------|------|-------------|
| 312508A3 | Mar 16-May 25 | Th | 1:40-2:40pm |

SNOWPLOW SAM (AGE 3-5)

Introductory classes are divided into four progressive levels. Children with no prior skating experience build confidence, develop agility, balance, coordination, speed and learn basic skating skills.

Fee, 7 sessions: \$81 R/\$106 NR Fee, 10 sessions: \$115 R/\$150 NR Fee, 11 sessions: \$127 R/\$165 NR

Snowplow 1 Skating

| Class # | Dates | uays | Time |
|--|--|------------------|-------------------------|
| 312522A3 | Mar 15-May 24 | W | 5:15-5:45pm |
| 312522B3 | Mar 17-May 26 | F | 4-4:30pm |
| 312522C3 | Mar 26-May 14 | Su | 3-3:30pm |
| Snowplo | w 2 Skating | | |
| Class# | Dates | Days | Time |
| 312523A3 | Mar 15-May 24 | W | 5:15-5:45pm |
| 312523B3 | Mar 17-May 26 | F | 4-4:30pm |
| 312523C3 | Mar 26-May 14 | Su | 3-3:30pm |
| Snownle | w 3 Skating | | |
| SHOWPIL | | | |
| Class # | Dates | Days | Time |
| | Dates Mar 15-May 24 | Days W | Time 5:15-5:45pm |
| Class # | | | |
| Class # 312524A3 312524B3 | Mar 15-May 24 | W F | 5:15-5:45pm |
| Class # 312524A3 312524B3 | Mar 15-May 24 Mar 17-May 26 | W F | 5:15-5:45pm |
| Class # 312524A3 312524B3 Snowplo | Mar 15-May 24 Mar 17-May 26 Dw 4 Skating | W F | 5:15-5:45pm 4-4:30pm |

BASIC 1-6 (AGE 6-17)

The Learn to Skate basic skills are the fundamentals and basic knowledge of the sport. The six levels introduce the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and mohawks while progressing at their own rate. Upon completion of the Basic 1–6 levels and after skill mastery is demonstrated, skaters will advance to more specialized areas of skating. Basic 1 is for children with no prior skating experience.

Fee, 8 sessions: \$98 R/\$127 NR Fee, 10 sessions: \$123 R/\$160 NR Fee, 11 sessions: \$135 R/\$176 NR

Basic 1 Skating

| Class# | Dates | Days | Time |
|----------|---------------|------|--------------|
| 312526A3 | Mar 14-May 23 | Tu | 4:55-5:40pm |
| 312526B3 | Mar 16-May 25 | Th | 5-5:45pm |
| 312526C3 | Mar 18-May 13 | Sa | 9:45-10:30am |

Basic 2 Skating

| Class # | Dates | uays | Time |
|----------|---------------|------|--------------|
| 312527A3 | Mar 14-May 23 | Tu | 4:55-5:40pm |
| 312527B3 | Mar 16-May 25 | Th | 5-5:45pm |
| 312527C3 | Mar 18-May 13 | Sa | 9:45-10:30am |
| | | | |

Basic 3 Skating

| Class # | Dates | uays | Time | | |
|-----------------|---------------|------|--------------|--|--|
| 312528A3 | Mar 14-May 23 | Tu | 4:55-5:40pm | | |
| 312528B3 | Mar 16-May 25 | Th | 5-5:45pm | | |
| 312528C3 | Mar 18-May 13 | Sa | 9:45-10:30am | | |
| Basic 4 Skating | | | | | |
| Class# | Dates | Days | Time | | |

4:55-5:40pm

9:45-10:30am

5-5:45pm

312529C3 Mar 18-May 27 Sa **Basic 5 Skating**

312529A3 Mar 14-May 23 Tu

312529B3 Mar 16-May 25 Th

| Class# | Dates | Days | Time |
|----------|----------------|------|--------------|
| 312530A3 | Mar 14- May 23 | Tu | 4:55-5:40pm |
| 312530B3 | Mar 16-May 25 | Th | 5-5:45pm |
| 312530C3 | Mar 18-May 13 | Sa | 9:45-10:30am |
| | | | |

Basic 6 Skating

| Ulass# | Dates | Days | rime |
|----------|---------------|------|--------------|
| 312531A3 | Mar 14-May 23 | Tu | 4:55-5:40pm |
| 312531B3 | Mar 16-May 25 | Th | 5-5:45pm |
| 312531C3 | Mar 18-May 27 | Sa | 9:45-10:30am |

Pre Free Skate

| Class# | Dates | Days | Time |
|----------|---------------|------|--------------|
| 312532A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 312532B3 | Mar 17-May 26 | F | 4:50-5:35pm |
| 312532C3 | Mar 18-May 13 | Sa | 9:45-10:30am |

FREE SKATE 1-6 (AGE 6-17)

Each progressive skill level is comprised of various transitions, spins and jumps, building on the previous skill and providing a strong foundation.

Fee, 8 sessions: \$104 R/\$135 NR Fee, 10 sessions: \$130 R/\$169 NR Fee, 11 sessions: \$143 R/\$186 NR

Free Skate 1

| Class# | Dates | Days | Time |
|----------|---------------|------|-------------|
| 313554A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313554B3 | Mar 17-May 26 | F | 4:50-5:35pm |
| 313554C3 | Mar 18-May 13 | Sa | 9-9:45am |

Free Skate 2

| | Class# | Dates | Days | Time | |
|--------------|----------|---------------|------|-------------|--|
| | 313555A3 | Mar 17-May 26 | F | 4:50-5:35pm | |
| | 313555B3 | Mar 18-May 13 | Sa | 9-9:45am | |
| Free Skate 3 | | | | | |
| | Class# | Dates | Days | Time | |
| | 313556A3 | Mar 17-May 26 | F | 4:50-5:35pm | |
| | 313556B3 | Mar 18-Mav 13 | Sa | 9-9:45am | |

Free Skate 4

| Class# | Dates | Days | Time |
|----------|---------------|------|-------------|
| 313557A3 | Mar 17-May 26 | F | 4:50-5:35pm |
| 313557B3 | Mar 18-May 27 | Sa | 9-9:45am |

Free Skate 5

| Class# | Dates | Days | Time |
|----------|---------------|------|-------------|
| 313558A3 | Mar 17-May 26 | F | 4:50-5:35pm |
| 313558B3 | Mar 18-May 27 | Sa | 9-9:45am |
| | _ | | |

Free Skate 6

| i ee Skate O | | | | |
|--------------|---------------|------|-------------|--|
| Class# | Dates | Days | Time | |
| 313559A3 | Mar 17-May 26 | F | 4:50-5:35pm | |
| 313559B3 | Mar 18-May 27 | Sa | 9-9:45am | |





ADULT (AGE 18 YRS. AND UP)

The Adult curriculum is designed for both beginning and experienced adult skaters who wish to improve their skating skills. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques. This is an exciting program for people who look to skating as an enjoyable part of a fit and healthy lifestyle. Divided into six levels from basic skating to more advanced skills, adult skaters will progress at an individual rate while being challenged and motivated.

Fee, 8 sessions: \$115 R/\$150 NR Fee, 11 sessions: \$158 R/\$205 NR

Adult 1 Skating

| Class# | Dates | Days | Time |
|----------|---------------|------|---------------|
| 313547A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313547B3 | Mar 18-May 13 | Sa | 10:45-11:30am |
| | NI II | | |

Adult 2 Skating

| Class# | Dates | Days | Time |
|----------|---------------|------|---------------|
| 313548A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313548B3 | Mar 18-May 13 | Sa | 10:45-11:30am |

Adult 3 Skating

| 01888 # | Dates | Days | Tillie |
|----------|---------------|------|---------------|
| 313549A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313549B3 | Mar 18-May 13 | Sa | 10:45-11:30am |

Adult 4 Skating

| Glass# | Dates | Days | rime |
|----------|---------------|------|---------------|
| 313550A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313550B3 | Mar 18-May 13 | Sa | 10:45-11:30am |

Adult 5 Skating

| Class # | Dates | Days | lime |
|----------|----------------|------|---------------|
| 313551A3 | Mar 16- May 25 | Th | 5:45-6:30pm |
| 313551B3 | Mar 18-May 13 | Sa | 10:45-11:30am |

Adult 6 Skating

| Class# | Dates | Days | Time |
|----------|---------------|------|---------------|
| 313552A3 | Mar 16-May 25 | Th | 5:45-6:30pm |
| 313552B3 | Mar 18-May 13 | Sa | 10:45-11:30am |

ADULT FREE SKATE

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The levels are designed to give skaters a strong foundation on which to build their skills. The skater can then choose a recreational or competitive approach to figure skating.

Fee, 7 sessions: \$114 R/\$149 NR

| Class# | Dates | Days | Time | |
|----------|---------------|------|-------------|--|
| 313568A3 | Mar 26-May 14 | Su | 7:50-8:50pm | |

SPECIALIZED AND ADVANCED (AGE 6-18)

Ballet For Skaters

Ballet fundamentals specifically designed for skaters, focusing on strength and flexibility.

Fee, 11 sessions: \$116 R/\$151 NR

| Class# | Dates | Days | Time | Level |
|----------|---------------|------|-------|-------|
| 313576A3 | Mar 13-May 22 | M | 6-7pm | Beg. |
| 313576B3 | Mar 14-May 23 | Tu | 5-6pm | Adv |

ADVANCED JUMP & SPIN

This class focuses on the development and proper execution of the axel jump, double and triplerotation jumps and advanced level spins and spin combinations. Skaters must have passed the Freeskate 6 level to participate.

Fee, 11 sessions: \$127 R/\$165 NR

| Class # | Dates | uays | Time |
|----------|---------------|------|-----------|
| 313573A3 | Mar 15-May 24 | W | 5:15-5:45 |

BEGINNING ICE DANCE SKILLS

The ice dance program focuses on the components of ice dancing and reviews the basic edges and turns while skating to music. Skaters will learn the first six dance patterns in the U.S. Figure Skating test structure and Learn to Skate USA badge program. Dances may be skated solo or with a partner. An ideal class for skaters involved in Theatre on Ice and Synchronized Skating. Skaters must be passed the Freeskate 1 level.

Age: 6 yrs. and up

Fee, 8 sessions: \$115 R/\$150 NR Class # Dates Days Time 313565A3 Mar 18-May 13 Sa 11:30am-12:15pm

FREESKATE (AGE 6-19)

These advanced level freestyle classes are in progression beginning with advancement from Freeskate 6. Skaters begin in the Bronze Freestyle level. These classes include combination jumps and spins, double rotation jumps and Moves in the Field maneuvers.

Fee, 7 sessions: \$101 R/\$132 NR

Bronze Freestyle

| Class # | Dates | uays | Time |
|-----------|---------------|------|----------|
| 312540A3 | Mar 26-May 14 | Su | 2:15-3pm |
| Silver Fr | | | |

| GIASS# | Dates | Days | Tillie | |
|----------|---------------|------|----------|--|
| 312541A3 | Mar 26-May 14 | Su | 2:15-3pm | |

Gold Freestyle

| Class# | Dates | Days | Time | |
|----------|---------------|------|----------|--|
| 312542A3 | Mar 26-May 14 | Su | 2:15-3pm | |

Platinum Freestyle

| Class # | Dates | Days | Time | |
|----------|---------------|------|----------|--|
| 312543A3 | Mar 26-May 14 | Su | 2:15-3pm | |

ASPIRE PROGRAM

The U.S. Figure Skating Aspire program is the bridge between learn to skate group classes and U.S. Figure Skating membership. Through the development of athleticism and artistry, skaters build a solid skill foundation that drives success on and off the ice. This program consists of power skills, freeskate level class, off-ice conditioning and parent education discussions. Skaters must be passed the PreFreeskate level to participate.

Age: 6-17 yrs.

Fee, 8 sessions: \$174 R/\$226 NR

| Class # | Dates | uays | Time |
|----------|---------------|------|--------------|
| 313574A3 | Mar 18-May 13 | Sa | 8:15-10:45am |

OFF-ICE CLASSES FOR FIGURE SKATERS OFF-ICE JUMP CLASS

This class trains the correct jump technique for higher level skaters. Class is conducted off of the ice. Skaters must be passed Freeskate 5 level.

Fee, 11 sessions: \$85 R/\$110 NR Class # Dates Days Time

| Olass II | Dutos | Dujo | 111110 |
|----------|---------------|------|----------|
| 312561A3 | Mar 13-May 22 | M | 5-5:30pm |



Ecology Information

FIELD TRIP PROGRAMS

The Evanston Ecology Center offers a variety of inschool programs and field trip programs to foster a greater appreciation, awareness and knowledge of the natural environment and our interdependence with it. Programs cover a wide variety of nature-related themes, including the always popular Critter Visits. Ecology Center staff will work with you to meet your classroom's needs.

Location: Ecology Center or Lighthouse Beach **Fee, field trip per student:** \$5 R/\$7 NR **Fee,** in-school program 25 or less: \$66 R/\$86

IDNR EDUCATOR LOAN BOXES

The Illinois Department of Natural Resources
Division of Education has field packs and resource
trunks available for loan to educators. Field packs
contain hands-on equipment and reference
material to encourage nature exploration. The
Ecology Center has 7 packs and trunks available for
loan for free. Bins may be loaned for up to 2 weeks
by picking them up and signing them out of the
Ecology Center Monday-Friday from 8:30am-5pm.
Information: 847-448-8256

Trunks and Packs Available at the Evanston Ecology Center:

- Aquatic Illinois
- Field Trip Pack
- Illinois Amphibians and Reptiles Field Pack
- Illinois Insects and Spiders
- Illinois Invasive Species
- Illinois Trees
- Illinois Wild Mammals

Scouts Programs

BOY AND GIRL SCOUT PROGRAMS

Located within the Ladd Arboretum and housing a variety of resident live animals, the Evanston Ecology Center is an ideal place for your Girl Scout or Cub Scout troop to explore! Our educational and interactive programs will engage your troop and meet most or all of the badge requirements. In addition to the topics listed below, the Ecology Center will work with you to meet your troops' unique needs.

Girl Scouts: Clover Petal (Daisy), Rosie Petal (Daisy) Eco Learner (Daisy), Senses (Daisy-Brownie), Bugs (Daisy-Brownie), Letterboxer (Brownie), Geocacher (Junior-Cadette)

Cub Scouts: Backyard Jungle (Tiger), Tigers in the Wild (Tiger), Paws on the Path (Wolf), Air of the Wolf (Wolf), Fur, Feathers and Ferns (Bear), Weeblo Walkabout (Weeblo), Into the Woods (Weeblo). Please call for availability.

Fee: \$7 R/\$9 NR per scout with a 10-scout min.

BOY SCOUT MERIT BADGE

We will help you on your path to Eagle Scout. We offer a mix of required and elective badges each season. Books and supplies will be provided. **Location:** Evanston Ecology Center

Age: 11-17 yrs.

Fee, 2 sessions: \$36 R/\$47 NR

| Class# | Theme | Dates | Days | Time |
|----------|--------------------------|-------------|------|-------------|
| 112114A3 | Citizenship in the World | Mar 13,27 | M | 4:30-6:30pm |
| 112114B3 | Environmental Science | April 17,24 | M | 4:30-6:30pm |
| 112114C3 | Forestry | May 8,15 | M | 4:30-6:30pm |

Parent and Child Programs

NATURE PLAY DATE

This free-style play date allows your child to discover which activities they like best and go at their own pace. Come late or leave early, preregistration is required.

Location: Evanston Ecology Center

Age: 1-4 yrs.

Fee, 1 session: \$8 R/\$11 NR

| Class# | Dates | Days | Time |
|----------|------------|------|--------------|
| 112160A3 | Mar 3 | F | 9:30-11:30am |
| 112160B3 | 3 April 14 | F | 9:30-11:30am |
| 112160C3 | May 5 | F | 9:30-11:30am |

SAPLINGS AND OAKS

Children and caregivers transform into saplings and oaks in this early learning nature class, through tactile experiences, imaginative play, and science discovery. Classes are primarily outdoors, weather permitting. An adult must accompany each child.

Location: Lighthouse Beach Foghouses **Fee, 8 sessions:** \$110 R/\$143 NR

| Class # | Dates | Days | Time | Age | |
|----------|-----------------|------|---------|----------|--|
| 112174A3 | April 13-June 1 | Th | 10-11am | 2-4 yrs. | |



FIRESIDE STORY TIME

Cozy up by the fire with nature books, puppet friends, and hot cocoa. Each month we'll read a different story from the Blueberry Awards list, a new list from the Evanston Public Library that honors the best in children's environmental literature. We'll go outside for a nature walk and spring themed activities. Caregiver is required.

Location: Evanston Ecology Center

Age: 2-4 yrs.

Fee, 1 session: \$7 R/\$10 NR

| Class# | Dates | Days | Time |
|----------|----------|------|---------------|
| 142221A3 | Mar 17 | F | 10:30-11:30am |
| 142221B3 | April 21 | F | 10:30-11:30am |
| 142221C3 | May 12 | F | 10:30-11:30am |

PLANT A FLOWER DAY

Celebrate National Plant a Flower Day with a parentchild flower planting workshop. Each parent-child pair will decorate a flower pot and will receive flower seeds to take home and plant.

Availability and Information: 847-448-8256

Location: Evanston Ecology Center

Age: 4 yrs. and up

Fee, 1 session: \$14 R/\$19 NR

| Class# | Dates | Days | Time |
|----------|--------|------|----------|
| 112118A3 | Mar 12 | Su | 2-3:30pm |

Family Programs

ARBORETUM EGG HUNT

Search through the Arboretum to see if you can find all the hidden eggs! Please register all attending members of your group including adults. You must attend during your registered time.

Location: Evanston Ecology Center

Age: 1.5 yrs. and up Fee, 1 session: \$6/\$8 NR

| Class# | Dates | Days | Time | |
|----------|---------|------|-----------------|--|
| 113130A3 | April 8 | Sa | 10-11am | |
| 113130B3 | April 8 | Sa | 11:30am-12:30pm | |
| 113130C3 | April 8 | Sa | 1-2pm | |
| 113130D3 | April 8 | Sa | 2:30-3:30pm | |
| | | | | |

NIGHT HIKE

Test your nocturnal senses on a guided night hike through the Arboretum. Themed night hike activities, a campfire and s'mores make for a perfect evening. Pre-registration is required. Start times for this course vary based on the sunset.

Location: Evanston Ecology Center

Age: 5 yrs. and up

Fee, 1 session: \$8 R/\$11 NR

| Class# | Dates | Days | Time | Theme |
|----------|----------|------|----------|-------------------|
| 112157A3 | Mar 24 | F | 7-8:30pm | Moon Lore |
| 112157B3 | April 14 | F | 7:30-9pm | Nocturnal Animals |
| 112157C3 | May 20 | Sa | 7:30-9pm | Night Sounds |



SPRING EQUINOX BONFIRE

Celebrate the first day of spring with a bonfire at Lighthouse Beach! We will participate in spring equinox traditions that incorporate nature and celebrate the return of longer days, flowers, birds, and the growing season.

Location: Lighthouse Beach

Age: 5 yrs. and up

Fee, 1 session: \$8 R/\$11NR

| Class # | Dates | Days | Time |
|----------|--------|------|-------|
| 112109A3 | Mar 20 | M | 7-8pm |

FAMILY CAMPFIRE

Join the Ecology Center staff for fun-filled campfires with nature themes. Each evening includes stories, songs and the ever-popular s'mores. Space is limited; pre-registration is required.

Location: Lighthouse Beach Age: 2 yrs. and up Fee, 1 session: $\$8\,R\,/\$11\,NR$

| Class# | Dates | Days | Time | Theme |
|----------|----------|------|-------|-------------------|
| 113119A3 | April 28 | F | 7-8pm | Story of the lake |
| 113119B3 | April 29 | Sa | 7-8pm | Story of the lake |
| 113119C3 | May 26 | F | 7-8pm | World Turtle Day |
| 113119D3 | May 27 | Sa | 7-8pm | World Turtle Day |

WORLD MIGRATORY BIRD DAY

Ornithologists are the bird scientists of the world. Studying physical as well as behavioral traits, they can tell a lot about a bird! Come join local experts, as we put this knowledge to the test to catch a glimpse of some birds flying overhead during their migration north! Children must be accompanied by an adult.

Location: Evanston Ecology Center

Age: 6 yrs. & up

Fee, 1 session: \$7 R/\$10 NR Class# Dates Days Time 113157A3 May 13 9-11am

CANOE THE CANAL

Join us for our popular canal canoe trips, no experience is necessary. Basic instruction and safety is covered before heading out. Register by phone or in person at the Ecology Center only. Program is held unless there is lightning; dress appropriately.

Location: Dammrich Canoe Launch

Age: 5 yrs. and up

Fee, 1 session: \$18 R/\$24 NR

| Class# | Dates | Days | Time |
|----------|--------|------|--------------|
| 113120A3 | May 14 | Su | 9:30-11:30am |
| 113120B3 | May 14 | Su | 12:30-2:30pm |
| 113120C3 | May 28 | Su | 9:30-11:30am |
| 113120D3 | May 28 | Su | 12:30-2:30pm |

Ecology Classes

TERRARIUMS

Come join us to make your own terrarium - a mini-Earth in a jar! We will explore the arboretum to collect moss, rocks, plants, and more to add to your terrariums, while learning about how living things interact with their environment. At the end, you'll be able to take home your own mini-Earth.

Location: Evanston Ecology Center

Age: 5 yrs. and up

Fee, 1 session: \$16 R/\$21 NR Class# Dates Days Time 112106A3 Mar 25 2-3:30pm

CAMPFIRE COOKING

There's nothing like cooking over a bonfire on a beautiful spring day! Learn to cook popular foods that are perfect for your next camping trip. We will teach you how to safely store food and offer some tips on the best cooking equipment to bring. Vegetarian and vegan options will be available. Children need to be accompanied by a registered

Location: Lighthouse Beach

Age: 8 yrs. and up

Fee, 1 sessions: \$16 R/\$21 NR

| Class # | Dates | Days | rime |
|----------|--------|------|----------|
| 112111A3 | May 27 | Sa | 2-3:30pm |



NATURAL EGG DYEING

One of the oldest art forms, dyed eggs have been part of many cultural traditions for thousands of years. Whether used to symbolize the spring, New Year, harness the power of the sun, or celebrate religious occasions, dyed eggs have been ubiquitously associated with springtime and a hopeful sense of rebirth by many cultures. Following a short interpretive hike in the arboretum, we will learn traditional egg dyeing techniques using all natural materials.

Location: Evanston Ecology Center

Age: 5 yrs. and up

Fee, 1 session: \$12 R/\$16 NR Class# Dates Days Time 112181A3 April 1 10-11:30am

CLOTHING UP-CYCLING & MENDING

Ioin us for an up-cycling and mending workshop where you can bring new life to your old clothes! Fun materials will be provided to bring some flare to your mended items with unique patterns and helpful stitches. Bring your clothes to work on together.

Location: Evanston Ecology Center

Age: 16 yrs. and up

Fee, 1 session: \$12 R/\$16 NR Class# Dates Days Time

112120A3 March 11 Sa 2-3:30pm

PLANT PROPAGATION

Want to grow new plants from the ones you already love? Come earn the basics of plant propagation and practice three different methods (seeds, cuttings, divisions) of propagation to take home. We will work with houseplants and herbs in this workshop. Feel free to bring your own plant that you would like to propagate

Location: Evanston Ecology Center

Age: 16 yrs. and up

Fee, 1 session: \$15 R/\$20 NR

Dates Days Time 112121A3 April 12 W 7-8nm

INDOOR GARDENING: MICRO-GREENS & HERBS

Bring color and flavor to the start of spring with this fun plant propagation workshop. Learn how to grow your own nutritionally dense micro-greens, sprouts, and herbs at home. Materials will be provided to take some plants home to start or add to your collection

Location: Evanston Ecology Center

Age: 16 yrs. and up

Fee, 1 session: \$17 R/\$22 NR

Class# Dates Davs Time 112122A3 Mar 29 7-8pm

Ecology

GARDEN CLUB

It's springtime in the Ecology Center Farmette! Join us after school to work the soil, set roots and get growing in our urban garden. Participants will learn how to use produce from the garden and explore its ecological abundance.

Location: Evanston Ecology Center

Age: 6-10 yrs.

 Class #
 Dates
 Days
 Time

 112172A3
 May 9-June 27 Tu
 5:30-6:45pm

CITY NATURE CHALLENGE HIKE

City Nature Challenge is a friendly bio-blitz competition between cities to upload the most wildlife sightings to iNaturalist, an easy-to-use app and website that also identifies wildlife for you. Ecology Center staff will help you learn how to use iNaturalist on this fun, family-friendly hike, as we work together to identify as many types of animals and plants, as we can.

Location: Evanston Ecology Center

Age: 6 yrs. and up

 Fee, 1 session:
 \$8 R/\$11 NR

 Class #
 Dates
 Days
 Time

 112123A3
 Apr 29
 Sa
 2-3:30pm

BIRD WATCHING BASICS

Calling all beginner birders! Unlock your inner citizen scientist and join us in discovering which birds are stopping by your backyard this spring. We will go on a walk through the Arboretum and practice using binoculars, Cornell University's eBird app, and NestWatch to identify the birds that we spot. Binoculars will be provided. Children need to be accompanied by a registered adult.

Location: Evanston Ecology Center

Age: 8 yrs. and up

Fee, 1 session: \$8 R/\$11 NR

 Class #
 Dates
 Days
 Time

 113155A3
 May 6
 Sa
 9:30-11am



WILD WEEKENDS

Come to the Ecology Center for a live animal presentation! We will be partnering with wildlife conservation organizations to meet a variety of awesome and often misunderstood creatures and learn about the important roles they play in their native habitats. Join us early at 6pm for activities with the animal presentation beginning at 6:30pm. Children must be accompanied by an adult.

Location: Evanston Ecology Center

Age: 5 yrs. and up

 Fee, 1 session:
 \$12 R/\$16 NR

 Class#
 Dates
 Days
 Time

 113150A3
 May 19
 F
 6-8pm

AFTER SCHOOL ANIMALS

Get connected to some of the Ecology Center's resident critters. Participants will discover fun facts and get up close to different animals each week. It's the perfect after school program opportunity for the animal lovers in your family. Pre-registration is required. This is a drop-off program.

Location: Evanston Ecology Center

Age: 5-10 yrs.

 Fee, 4 session: \$40 R/\$52 NR

 Class#
 Dates
 Days
 Time

 112161A3
 Mar 8-29 W
 4-5:15pm

PLAY FOREST

In this play-based class, kids can make new friends, explore, build forts, climb, and play in nature with guidance from Ecology Center staff. Spending time with new friends in nature, kids will build a world of memories and stories, and build a lifelong relationship with nature.

Location: Harbert Park

Age: 6-12 yrs.

Fee, 4 session: \$50 R/\$65 NR

 Class #
 Dates
 Days
 Time

 112180A3
 April 11-May 2
 Tu
 4-5:30pm

OUTDOOR EXPLORERS

Explorers will build their comfort and skill levels immersed in nature at Lighthouse Beach. Through hands-on activities and hikes, they will be introduced to skills in animal tracking, shelter building, cooking over a fire, way finding, and wild crafting with natural materials. This class will take place in any weather.

Location: Lighthouse Beach

Age: 6-12 yrs.

Fee, 4 session: \$55 R/\$72 NR

 Class #
 Dates
 Days
 Time

 112124A3
 April 19-May 10
 W
 4-5:30pm

SPRING BLOOM

Join us as we take a hike through the Arboretum searching for different flowers! We will dissect some flowers to see how they work and to discover the important roles they play in our ecosystems. Participants will also learn to preserve flowers and create art using only natural elements, as we celebrate the spring bloom.

Location: Evanston Ecology Center

Age: 5-10 vrs.

Fee, 2 session: \$28 R/\$36 NR

 Class #
 Dates
 Days
 Time

 112125A3
 May 17-May 24
 W
 4-5:30pm

SPRING WELLNESS WALK

Join Certified Nature and Forest Therapy
Guide, Sarah Abu-Absi in the Ecology Center's
multipurpose room and learn about the heartcentered practice of Forest Therapy. We will
learn practices to mindfully reconnect to nature
and oneself in a way that supports healing and
wellness. Participants will then be invited to walk
through the Arboretum to immerse in nature in a
mindful way. Please bring your own blanket or mat.

Location: Lighthouse Beach

Age: 18 yrs. and up

Fee, 1 session: \$14 R/\$19 NR

 Class #
 Dates
 Days
 Time

 112126A3
 April 13
 Th
 5:30-7pm



WE ARE

HIRING

JOB POSITIONS:

- CAMP COUNSELOR
- CAMP DIRECTOR
- PARK MAINTENANCE
- GATE ATTENDANT
- BEACH OFFICE STAFF
- INCLUSION AIDE
- LET'S PLAY TRAILER STAFF
- RECREATION SUPPORT STAFF
- BUS DRIVER
- LIFEGUARD



Apply Now!

CITYOFEVANSTON.ORG/SEASONALJOBS

Special Recreation

Special Recreation

Special Recreation programs are for people with special needs. Programs emphasize individual development in a wide range of leisure areas including sports, culture, social, after-school and special events. For more information, call 847-448-8044 or 847-424-5496

Special Olympics

SPECIAL OLYMPICS REGION SWIM MEET

It's time to show off your strength and speed at the Special OlympicsSwim Meet. Athletes receiving a Gold medal at this meet will qualify for Summer Games in June.

 $\textbf{Location:} \, \mathsf{Lake} \, \mathsf{Forest} \, \mathsf{College}$

Age: 8 yrs. and up

Fee, 1 sessions: \$48 R/\$63 NR

| Class# | Dates | Days | Time |
|----------|----------|------|------|
| 815801A3 | March 25 | Sa | TBA |

SPECIAL OLYMPICS POWERLIFTING MEET

It's time to show off your strength at the Special Olympics Powerlifting Meet. Athletes receiving a Gold medal in squat lift, bench press, and/or deadlift at this meet will qualify for Summer Games in lune.

Location: Marmion Academy

Age: 8 yrs. and up

Fee, 1 sessions: \$48 R/\$63 NR

| Class # | Dates | Days | Time |
|----------|-------------|-------|------|
| 815818A3 | March 25-26 | Sa,Su | TBA |

SPECIAL OLYMPICS SPRING GAMES

It's time to show off your speed and skill at the Special Olympics Spring Games Track and Field Meet. Gold medalists from this meet will qualify for Summer Games in June.

Location: Prospect High School

Age: 8 yrs. and up

Fee, 1 sessions: \$48 R/\$63 NR

| Class# | Dates | Days | Time | |
|----------|-------------|-------|------|--|
| 815314A3 | April 15-16 | Sa Su | TRA | |

SPECIAL OLYMPCIS SOFTBALL

Let's work on hitting, pitching, and defense as as we prepare for softball competition.

Location: Leahy Park **Age:**12 yrs. and up

Fee, 5 sessions: \$77 R/\$100 NR

| Class# | Dates | Days | Time | |
|----------|-----------------|------|-----------|--|
| 815806A3 | April 23-May 21 | Su | 9-10:30am | |

SPECIAL OLYMPCIS TENNIS

Let's work on serving and returen skills as well as footwork and conditioning as we prepare for competition.

Location: Leahy Park **Age:**12 yrs. and up

Fee, 5 sessions: \$77 R/\$100 NR

| Class# | Dates | Days | Time | |
|----------|-----------------|------|-------------|--|
| 815805A3 | April 12-May 24 | W | 5:45-6:45pm | |

ATHLETE PARTY

It's back after being postponed due to the pandemic! Here's your chance to get together with friends and teammates to celebrate accomplishments at the various competitions and also wish good luck to the athletes who will compete in the Special Olympics Summer Games.

Location: Levy Senior Center

Age: 8 yrs. and up

Fee, 1 sessions: \$33 R/\$43 NR

| G1422 # | משופט | рауз | THILE |
|----------|--------|------|-------------|
| 815115A3 | May 20 | Sa | 6:30-8:30pm |



SPECIAL OLYMPICS POWER LIFTING

Work on improving your strength and lifting technique as you prepare for future competition. No class April 15.

Location: Fleetwood-Jourdain Center

Age: 15 yrs. and up

Fee, 12 sessions: \$77 R/\$100 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|--------------|
| 815818A3 | April 10-May 22 | М | 6:30-8:30pm, |
| | | Sa | 8:30-10:30am |

SPECIAL OLYMPICS VOLLEYBALL

It's time to work on serving, setting and spiking skills as we prepare for competition. Depending on the number of people enrolled, we will be putting together one or more teams for competition.

 $\textbf{Location:} \, \mathsf{Robert} \, \mathsf{Crown} \, \mathsf{Community} \, \mathsf{Center}$

Age: 12 yrs. and up

Fee, 7 sessions: \$77 R/\$100 NR

| Class# | Dates | Days | Time | |
|----------|-----------------|------|----------|--|
| 815803A3 | April 13-May 25 | Th | 6:30-8pm | |

SPECIAL OLYMPICS SWIM TEAM PRACTICE

Work on technique and speed as you improve your swimming for competitive and recreational swim

Location: YWCA
Age: 8 vrs. and up

Fee, 7 sessions: \$147 R/\$191 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 815813A3 | April 12-May 24 | W | 8:30-9:15pm |

Sports

REC/AEROBIC SWIM

Our recreational swim program is tailored to your ability. The emphasis is on increasing flexibility, stamina and muscle tone while having fun and learning a new leisure skill.

Location: YWCA Age: 8 yrs. and up

Fee, 7 sessions: \$147 R/\$191 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 815312A3 | April 12-May 24 | W | 8-8:30pm |



ADULT TRACK & FIELD

Work on your speed and conditioning for health and/or competition. Be sure to wear loose-fitting clothing and gym shoes.

Location: Robert Crown Community Center

Age: 12 yrs. and up

Fee, 8 sessions: \$77 R/\$100 NR

Class# **Dates** Days Time 815816A3 April 11-May 23 Tu 6:30-8:00pm

SATURDAY BOWLING

Basic to advanced skills are practiced; refine your lane approach and delivery while socializing with others. Game and shoe rental are included in the registration fee. No class April 15.

Location: Varies Age: 6 yrs, and up

Fee, 6 sessions: \$142 R/\$185 NR

Class# **Dates** Davs Time 815006A3 April 8-May 20 Sa 12-2:30pm

After School

SENSORY CHEF

Cooking is an activity that is jam packed with sensory opportunities, from using our sense of touch by kneading the bread to smelling the baking cookies. Who can forget the best part...tasting the final product.

Location: Park School

Age: 5-22 vrs.

Fee, 6 sessions: \$132 R/\$172 NR

Class# Days Time **Dates** 815116A3 April 17-May 22 M 3:30p-5:30pm

LET'S GET MOVIN'

Our fitness activities, sports and active games will be adapted for everyone's unique abilities and interests, and we'll learn new ways to keep movin' and stay healthy.

Location: Park School

Age: 5-22 vrs.

Fee, 6 sessions: \$116 R/\$151 NR

Class# **Dates** Days Time 815117A3 April 18-May 23 3:30-5:30pm



I'VE GOT RHYTHM

Get some quality music time after school with this engaging music class provided in cooperation with the Institute of Therapy Through the Arts. This 5-week program offers participants the opportunity to learn to play musical instruments and expand their musical skills, as well as improve motor language and social skills in a group setting. No class May 3.

Location: Park School Age: 5 -22 yrs.

Fee, 5 sessions: \$125 R/\$163 NR

Class# **Dates** Days Time 815608A3 April 19-May 24 W 3:30-5:30pm

AMAZING ARTISTS

Self-expression, developing confidence and learning to trust your ideas are just some of the countless benefits of art. We'll explore an exciting variety of mediums with a focus on sensory-based projects.

Location: Park School

Age: 5-22 vrs.

Fee, 6 sessions: \$132 R/\$172 NR

Class# **Dates** Davs Time 815105A3 April 20-May 25 Th 3:30-5:30pm

SOCIAL GAMES

You'll be Sorry if you miss out on Social Game day! Games can teach us countless Life skills and are an excellent way to develop friendships. With a mix of traditional favorites, movement-based activities and current techy-trends, there are sure to be great times Among Us.

Location: Park School

Age: 5-22 yrs.

Fee, 6 sessions: \$116 R/\$151 NR Class# **Dates** Days Time 815106A3 April 21-May 26 F 3:30-5:30pm

Classes

CHAIR ONE FITNESS

Your confidence will soar in this musically-driven. interactive workout program! Our seated dance exercises, led by a certified Chair One Fitness instructor, are perfect for individuals who use wheelchairs or other assistive mobility devices as well as anyone who has difficulty with balance during full body workouts. Our high energy routines will be based on each individual's unique abilities, goals and fitness needs. No class April 6.

Location: Evanston Ecology Center

Age: 15 yrs.and up

Fee, 7 sessions: \$56 R/\$73 NR

| 01a33# | Dates | Days | 111116 |
|----------|----------------|------|---------------|
| 815303A3 | Mar 23- May 11 | Th | 10:30-11:30am |

Trips

CHICAGO BOTANIC GARDEN

Flowers are blooming and birds are chirping...it's finally spring! Chicago's Botanic Garden offers hundreds of acres of breath-taking plants and flowers, display gardens and native habitats. We can stroll along the garden paths or ride in the accessible tram for a tour of the garden masterpieces. Along the way, we'll stop for lunch among the flowers in the Garden View Café. Bring money to purchase lunch, souvenirs and/or tram tickets. Transportation will be provided to and from Robert Crown Community Center

Location: Chicago Botanic Gardens

Age: 15 yrs.and up

Fee, 1 sessions: \$30 R/\$39 NR

| Class# | Dates | Days | Time | |
|----------|----------|------|------------------|--|
| 815016A3 | April 11 | T | 10:30am — 1:30pm | |

BATTER UP AT B-DUB

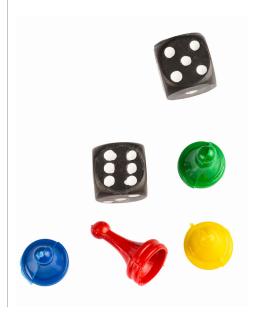
The sounds of cheering fans, blasted line drives and "Take Me Out to the Ballgame" are filling the airthis season. Join your pals to watch the Chicago Cubs game on the big screen at Buffalo Wild Wings. We'll enjoy delicious food and say "cheers" to our favorite Chi-town team! Bring money to purchase food and/or drinks.

Location: Skokie Buffalo Wild Wings

Age: 18 yrs.and up

Fee, 1 sessions: \$15 R/\$20 NR

| 01422 # | שמופט | рауз | THILE |
|----------|----------|------|-------------|
| 815015A3 | April 28 | F | 5:30-7:30pm |



School Programs

After-School Programs

ROBERT CROWN AFTER SCHOOL ADVENTURE

GENERAL INFORMATION

Robert Crown Center's after-school program is licensed by the Illinois Department of Child and Family Services (DCFS). Our daily schedule, from 3-6pm, includes time to relax and play in both structured and self-directed arts and crafts, coordinated study time and nutritious snacks. Activities designated to build athletic and social skills take place in our gym, multi-purpose room, and outdoor space. The most important part of the day is "Homework Help," which provides individualized enrichment and assistance. The program includes special activities and theme days or field trips on early dismissal days and school improvement day.

*Full day care is provided on days District 65 holds non-attendance days/institute days outside of COE Holidays.

Registration Information

Registration process includes a tour with the program supervisor, sharing information on class schedules, content, curriculum, assessment and program fees. You will be given the registration packet and the parent handbook. Prior to enrollment, parents are responsible for all forms in the registration packet, a copy of the child's birth certificate and physical with immunization records returned to the center

For a tour appointment: call the Robert Crown Center at 847-866-8258.

Information: Adam Eberhardt, aeberhardt@cityofevanston.or.

Age: 5-12 yrs.

Fee: varies by service days per month

Time: 3-6pm

FLEETWOOD-JOURDAIN

This program serves your after school needs and school closings, half-days, winter break and spring break for elementary and middle school students. Students are grouped by grade and will receive structured recreational, supervised computer access, nutritious snacks, arts & crafts and more. Bus services will be available for students attending District 65 schools only. Participants and staff will wear masks at all times.

Location: Fleetwood-Jourdain Community Center Age: 5-13 yrs. (Elementary School Students)
Fees, monthly: Varies, based on the number of service days

Robert Crown DCFS Licensed Preschool

GENERAL INFORMATION

Robert Crown Community Center's toddler, preschool and after-school programs are licensed by the Illinois Department of Child and Family Services (DCFS). The Creative Play Preschool at the Robert Crown Community Center has served Evanston families and nearby communities since 1988. Some benefits include access to the large gym, ice rinks and various outdoor grassy areas and playing fields. Three nutritious meals are provided daily; a hot lunch for full day programs. Choose from various programs including the Take Two program for age 2-3 years and the Creative Play program for age 3-5 years.

Registration Information

Registration process includes a tour with the program coordinator, sharing information on class schedules, content, curriculum, assessment and program fees. You will be given the registration packet and the parent handbook.

Note: prior to enrollment, parents are responsible for all forms in the registration packet, a copy of the child's birth certificate and the last 6 months immunization records returned to the center.

Information: Kerry Bauer, kerrybauer@cityofevanston.org

CREATIVE PLAY PRESCHOOL

This plan, innovative play with a purpose, is the standard for the community center based early childhood program. Our multi-age classroom offers children the opportunity to participate in a variety of activities as they develop socially, emotionally and cognitively through PLAY. Daily classroom activities are planned to meet the needs of each child and are focused on the development of each students problem solving skills, peer relationships and making real life connections through math, literacy, science, music, movement, various arts and crafts activities. Toilet Training is required.

TAKE TWO

This program is a great first independent experience for any child. It is designed for children age 2-3 years. Our staff members introduce preschool concepts in a caring and cozy environment, supporting a gentile transition from home to school with emphasis on the active development of children's social, emotional and cognitive skills. The focus is on preschool readiness preparedness such as taking turns, following simple directions, listening and sharing. Also including individual instruction during center time and an interactive circle time, followed by art, music and movement, story time, outdoor play and gym games. Toilet Training is not required.

Toddler and Preschool Enrichment Programs at Chandler-Newberger

Our toddler and preschooler enrichment programs will focus on large and small motor development. We focus on encouraging children to make friends, follow simple rules, be courageous and have fun.

MOVE AND GROW

Your infant or toddler will gain independence and social skills as they explore activities in the Blue Room. With the guidance of Ms. Katie, your child will engage in fine and gross motor development, sensory play and group circle/song time. At Chandler, we provide just the right amount of structure and flexibility to help your little one Move and Grow right in front of your eyes. No class April 4 and 6.

Instructor: Katie Kopp

Location: Chandler-Newberger Center

Age: 0-2 yrs. with caregiver

Fee, 20 sessions: $$280 \, R/ $364 \, NR$

| Class# | Dates | Days | Time |
|----------|--------------|--------|-----------|
| 611108A3 | Mar 21-Jun 1 | Tu, Th | 9:30-11am |

TIME TOGETHER

This terrific, free-play program is open to children ages birth-4 years with a parent or caregiver. Our large gym is filled with climbing equipment, blocks, puzzles and book nooks and a singing circle time closes each and every visit.

Time Together is the perfect place to bring preschoolers on no-school days, and to play with little ones while older siblings are in school. And, it's a great place to plan morning play dates! This program offers a fun space to play and gives both children and adults an opportunity to make new friends. Our relaxing atmosphere is focused on interaction, the comfort and safety of our families, and a sense of community and the best part, we pick up all the toys!

Instructor: Cailyn Flynn

Location: Chandler-Newberger Center

Age: 0-4 yrs.

Fee, 10 punch pass: $$95\,R/$110\,NR$ Fee, drop-in per child: $$11\,R/NR$

| Dates | Days Time | |
|--------------|-----------|--------------|
| Mar 1-May 24 | W | 9-30-11-30am |



Chandler-Newberger Party Packages & Rentals

Whether you are looking for a room for a meeting, a gym, or a space for your child's birthday party, you can find what you need at Chandler-Newberger. Information and booking: Eric Eichholz eeichholz@cityofevanston.org.

BIRTHDAY PARTY PACKAGES

Each party includes 2-hours of simultaneous use of a multi-purpose room and half of our gym. Also included in the rental is equipment, tables, chairs, as well as the set-up, take-down and clean-up.

PRESCHOOL PARTY PACKAGES (2-5 YRS.)

2-hours of simultaneous use of one of our multipurpose rooms, our south gym and our Indoor Playground equipment. Equipment includes hula hoops, dodge balls, climbing blocks, scooter carts and mini basketballs.

Blue Room/South Gym: \$308 R/\$400 NR Orange Room/South Gym: \$275 R/\$358 NR

SPORTS PARTY PACKAGES (5+ YRS.)

Included in this package is 2-hours of simultaneous use of one of our multi-purpose rooms, half-gym and sports equipment:

- · Basketballs and hoops
- · Soccer balls and nets
- Floor Hockey sticks and nets
- Dodge-balls
- Batting Cage

Blue Room/Half-Gym: \$308 R/\$400 NR Orange Room/Half-Gym: \$275 R/\$358 NR

GYMNASTICS PARTIES

For pricing and availability, please contact Kathryn at kdolan@cityofevanston.org.

Preschool Party (2-5 yrs.)

45-minutes of instructional gymnastics and 2 hrs. of multi-purpose room use.

Fee, 15 child max: \$263 R/\$342 NR

School-Age party (5 yrs. and up)

1 hour of instructional gymnastics and 2 hrs of multi-purpose room use.

Fee. 15 child max: \$308 R/\$400 NR

MULTI-PURPOSE RENTALS

Our Blue Room will accommodate up to 45 people, the Orange Room will accommodate up to 30 people. Tables and chairs, as well as the set-up, take-down and clean-up are included in your rental. Blue Room, per hour: \$83 R/\$108 NR Orange Room, per hour: \$66R/\$86 NR

GYM RENTAL

Full Gym, per hour: \$138 R/\$179 NR South Gym, per hour: \$99 R/\$110 NR North Gym, per hour: \$71 R/\$92 NR

Arts Camp Parties

CELEBRATE WITH AN ARTS CAMP BIRTHDAY PARTY

What's included? A two-hour party, you supply the cake and ice cream. We will supply the room and a seasoned arts instructor, then do the clean-up when your guests leave. Your party will be held at the Noyes Cultural Arts Center.

Availability: Monday-Saturday, 10am-7pm and Sunday, 10am-6pm.

Information and booking: 847-448-8263 Fee: \$285 for up to 15 children Recommended Age: 6 yrs. and up

MEDIEVAL CAMP

Create a medieval village using Lincoln Logs® and our castle, complete a medieval craft, then learn busking skills to entertain the knights and ladies.

RENAISSANCE CAMP

Your party will be a slice of our best-selling summer camp theme. Your party friends will paint a miniature, engage in Shakespearean silliness and be on their best behavior dressed in "finery."

PIRATE CAMP

"Arg, me mateys!" Speak and eat as pirates. The Pirate GRRRL will tell you yarns and teach you a salty song. You'll complete a pirate craft.

PRINCESS CAMP

Princesses were leaders in training. Pick a favorite Queen from history and we will immerse ourselves in her time and tales from her girlhood.

VISUAL ARTS AND SENSORY CAMP

A custom designed party for young creatives who like a total arts experience.

Robert Crown Community Center Rentals

ROOM RENTALS

Need a space to host your next special occasion? There are several rooms available to rent. Information: 847-448-8258

RINK RENTALS

The Robert Crown Community Center offers private rentals on our rinks for ice skating, hockey or broom-ball. Skates and broom-ball equipment rentals are available; however hockey equipment is not available for rental. Advanced booking is

Information: 847-448-8258

PUBLIC SKATE PARTY RENTALS

Celebrate your birthday, graduation, or office party. Includes 25 admissions/skate rentals for public session.

Information: 847-448-8258

Ecology Center Party Packages and Rentals

ECOLOGY PARTY PACKAGES

The Evanston Ecology Center offers 2 hr. birthday party programs on available Saturdays and Sundays. An instructor will lead a nature or outdoor oriented party. The renter is responsible for decorations and treats. For an additional cost we can customize a party if none of these themes fit vourneeds.

Age: 4 yrs. and up Fee: \$220 R/\$286 NR Party capacity: 16 child max.

Birthday Topics Include: Animal Party, Birds of a Feather, Reptile Romp, Bug Party, Dino Party, Rocking Rocks, Potions and Concoctions and Geocaching and custom parties.

MULTI-PURPOSE RENTALS

Our multi-purpose room can accommodate up to 100 people. Tables and chairs, as well as the setup, take-down and clean-up are included in your rental.

Rental fee, per hr.: \$125 R/\$165 NR Room availability: Mon-Sun 9a-11p

Events and Meeting Facility Rentals

THE LEVY SENIOR CENTER

Several rooms are available, from the cozy Elm Room to the 300-person capacity Maple Room. The lovely garden courtyard is available and the kitchen is designed specifically for catered events.

FLEETWOOD-JOURDAIN COMMUNITY **CENTER**

Rental rooms are available. Bring in your own refreshments or have your function catered.

THE NOYES CULTURAL ARTS CENTER

This center offers its community room and gallery halls on the first and second floor for fundraisers, receptions, parties, lecture events and more.



Leisure & Enrichment

Leisure and Enrichment

PARENTS' NIGHT OUT

You deserve a night out and so do your kids! Parents' Night Out is the perfect opportunity for parents to take some time for themselves while their children participate in open play, watch a movie, and engage in activities and crafts under the supervision of trained City staff. Kids should be fed prior to drop off. We have enrollment capacity limits, so reserve a spot in advance.

Location: Chandler-Newberger Center

Age: 6-10 yrs.

Fee, per session: \$15 R /\$20 NR

| Class # | Dates | Days | Time |
|----------|----------|------|-------|
| 612120B3 | April 14 | F | 6-9pm |
| 612120C3 | May 19 | F | 6-9pm |

COMMUNITY ACUPUNCTURE

Experience healing in community through group acupuncture as modeled by the Lincoln Hospital Detox Program developed by Dr. Mutulu Shakur. During the session some history will be shared about the Lincoln Hospital Detox Program, common misconceptions about acupuncture, along with any questions. If you do not want to have acupuncture, you can still benefit from the treatment by sitting with the group or having magnets placed on points as an alternative. Attendees are encouraged to attend more than one session.

Instructor: Amy Landolt

Location: Fleetwood-Jourdain Community Center

Age: 18 yrs. and up **Fee, per dog:** \$11 R /\$30 NR

| Class# | Dates | Days | Time |
|----------|-------------|--------|-------------|
| 413115A3 | March 9,23 | Tu,Th | 6:30-7:30pm |
| 413115B3 | April 13,27 | Tu, Th | 6:30-7:30pm |
| 413115C3 | May 11,25 | Tu, Th | 6:30-7:30pm |

ROBOTHINK AFTER SCHOOL CLUB

Children registered in the RoboThink after school programs will engage in creative, age-appropriate activities each week. Each program is meant to teach robotics or coding skills to students, and engineering concepts and entrepreneurship skills are presented. No experience is required for robotics, basic computer skills are required for coding classes.

Battle Robots

Do you think you can build the strongest and most agile robot? Can your robot win a head-to-head combat mission? Learn engineering strategies for building sturdy structures using unique RoboThink bricks, then apply that knowledge to build multiple robots for friendly competitions. You'll have a blast as you play robot soccer, compete in robot relay races and many other challenges in this fun robotics program.

Location: Chandler-Newberger Center

Age: 7-12yrs.

Fee: \$188 R/ \$244 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------------|
| 612209A3 | April 17-May 22 | M | 4:15-5:45pm |

SNAPOLOGY CLASSES

Location: Chandler-Newberger Center

Mining and Building

Hey gamers, are you ready to travel all the way to The End with Snapology? Join us as we bring the game of Minecraft® out of the computer and into the real-world using LEGO® bricks. In this program, you will go on adventures using your imagination and even design your own worlds, full of mobs, animals, buildings, and your very own LEGO® Minecraft® character.

Age: 5-12 yrs.

Fee, 6 sessions: \$132 R/ \$172 NR

| Class# | Dates | Days | Time |
|----------|-----------------|------|-------|
| 612203A3 | April 12-May 17 | W | 6-7pm |



Mining and Building Movie Making

Who doesn't love an action-packed animation movie that brings our favorite characters to life? In Snapology's Minecraft Movie Making program, students get to jump into the world of Minecraft and send Steve and Alex on amazing new adventures! In this technical program, children will work in teams to learn the fundamentals of stop motion animation and develop their own animated movie starring some of their favorite LEGO® mini-figures. Students will go through the entire movie making process with their filming partner from set design to detailed visual and audio editing. Their movie will move beyond the classroom and be uploaded to Snapology's YouTube channel so share their film.

Age: 7-14 yrs.

Fee, 6 sessions: $$132 \, R/ $172 \, NR$

| Class # | Dates | Days | Time |
|----------|-----------------|------|-------|
| 612203B3 | April 13-May 18 | Th | 6-7pm |

Lakefront Activities

DOG EGG HUNT

Put your dog's nose to the test by sniffing out treatfilled plastic eggs. All dogs must remain on-leash for the entire event and be at least 4 months old to participate and have a current City of Evanston Pet License and/or Cook County Rabies tag. No retractable leashes are permitted and each dog must have an individual handler.

Information: Katie Grundin, 847-448-2913

Location: Evanston Dog Beach

Age: 14 yrs. and up

Fee, per dog: \$10 R / \$13 NR

| Class# | Dates | Days | Time |
|----------|---------|------|---------|
| 712105A3 | April 1 | Sa | 10:30am |
| 712105B3 | April 1 | Sa | 11:30am |

BEACH CLEAN UP

Grab your family or friends and join the lakefront team for a community beach clean up. We will have materials available for litter pick up on-site at .
Start at Greenwood Beach and work your way down through Elliott Park to Lee St. Beach. An adult must accompany each child

Information: Katie Grundin, 847-448-2913

Location: Greenwood Beach

Age: 7 yrs. and up

Fee: Free

| Class# | Dates | Days | Time |
|----------|----------|------|-----------|
| 712106A3 | April 22 | Sa | 10am-12pm |

STORY AND S'MORES

Explore our storybook trail by lantern. This fun, family night out will start on our trail and end with a campfire and s'mores. Please make sure to register all guests below so we have enough for everyone! An adult must accompany each child

Information: Katie Grundin, 847-448-2913

Location: Lighthouse Beach Age: 3 yrs. and up Fee, 1 session: \$5 R /\$7 NR

| Class# | Dates | Days | Time |
|----------|--------|------|-------|
| 712108A3 | May 12 | F | 6-7pm |

Spring Break Camps



Spring Break Camp

ECOLOGY SPRING BREAK CAMP

Explore the natural wonders of the arboretum and Ecology Center through through a variety of games, hands-on activities, critter vistis and crafts. Dress for the weather, bring a change of clothes and a nut free lunch.

Location: Evanston Ecology Center

Age: 6-11 yrs

Fee, 5 sessions: \$330 R/\$429 NR

| Class# | Dates | Days | Time | |
|----------|-----------|------|---------|--|
| 111201A3 | April 3-7 | M-F | 9am-4pm | |

SPRING BREAK ARTS CAMP

Lets STE(A)M James and the Giant Peach. A maker camp with found objects, painting, sculpting, experimenting as arts meets science when we dig deep into this beloved tale!

Location: Noyes Cultural Arts Center

Age: 6-11 yrs.

Fee, 5 sessions: \$275 R/\$358 NR

| Class# | Dates | Days | Time |
|----------|-----------|------|---------|
| 912202A3 | April 3-7 | M-F | 9am-5pm |

SPRING INTO ACTION

Spend a week at the Fleetwood-Jourdain Community Center indulging in various activites. Enjoy plant based learning in our very own garden. Put your creative brain cells to use with STEM projects, get your body moving and grooving with sports and fitness, and end the week with a Free day YEAH!!

Location: Fleetwood-Jourdain Center

Age: 5-12 yrs.

Fee, 5 sessions: \$165 R/\$215 NR

| Class # | Dates | Days | Time |
|----------|-----------|------|---------|
| 412202A3 | April 3-7 | M-F | 7am-6pm |

VACATION ADVENTURE

"Take Off" from the Robert Crown "airport" for a fun filled vacation of active play and exploration. We'll create passports and explore countries to learn about their food, art, and culture. Each day, we'll create an art project, sample food, and listen to music representative of the country we are visiting. A field trip to a museum will reinforce the topics discussed. Bring a peanut free lunch. PM snack will be provided.

Location: Robert Crown Community Center

Age: 5-12 yrs. Fee: \$231 R/301 NR

Fee, extended day: \$330 R/429 NR

| Class# | Dates | Days | Time |
|----------|-----------|------|---------|
| 212201A3 | April 3-7 | M-F | 9am-4pm |
| 212201B3 | April 3-7 | M-F | 8am-6pm |

VACATION ADVENTURE JR.

In our "junior" edition of Vacation Adventure, our smallest explorers will be introduced to the "around the world" experience through playbased exploration of music, art, dance, food and Culture from lands afar. Small groups are formed to promote individualized. Children 3 and older must be toilet trained

Location: Robert Crown Community Center

Age: 2-5 yrs. Fee: \$330 R/429 NR

Fee, extended day: \$471 R/612 NR

| Class# | Dates | | Days | Time | |
|----------|-----------|-----|---------|------|--|
| 212203A3 | April 3-7 | M-F | 9am-4pm | | |
| 212203B3 | April 3-7 | M-F | 8am-6pm | | |

SPRING BREAK BASKETBALL SKILLS & DRILLS CAMP

Let's play ball! Station style instruction along with multiple games a day are sure to get your player the repetition and experience they need to take the next step in their game development. Coaches are looking to improve players, play games, experience teamwork, and break a sweat while having fun.

Location: Chandler-Newberger Center

Fee, 2 hours: \$150 R/\$195 NR

| Class# | Dates | Days | Time | Age |
|----------|-----------|------|-----------------|-----------|
| 612266A3 | April 3-7 | M-F | 10:30am-12:30pm | 5-7 yrs. |
| 612266B3 | April 3-7 | M-F | 12:30-2:30pm | 8-14 yrs. |

SNAPOLOGY SUPERHEROES

To the Batcave, LEGO® fans! Design your own superhero, create your own adventure, and build epic battle scenes. Have a blast as you create your own fantasy world of superheroes and supervillains, straight out of the pages of DC and Marvel comic books. You might even unleash some of your own superpowers! Location: Chandler-Newberger Center

Age: 5-12 yrs

Fee, 1 week: \$303 R/\$394 NR

| Class# | Dates | Days | Time |
|----------|-----------|------|----------|
| 612211A3 | April 3-7 | M-F | 9am-Noon |

SNAPOLOGY POKEMANIA

In Snapology's Pokémania program, students will explore the Pokémon world and practice their Pokémon training skills! They will create their own training gyms, unique battles, and even their very own generation of Pokémon. Your student will also explore some real-world science as they examine the habitats, characteristics, and needs of different Pokémon. They will do more than catch 'em all, they will build and examine them all very closely and have a blast doing so!

Location: Chandler-Newberger Center

Age: 5-12 yrs

Fee, 1 week: \$303 R/\$394 NR

| Class# | Dates | Days | Time | |
|----------|-----------|------|-------|--|
| 612211B3 | April 3-7 | M-F | 1-4pm | |

SPRING BREAK LUNCH SUPERVISION

Sign up for the 1-hour lunch supervision to make it a full day. Lunch is not provided, you must send lunch with your child.

Fee, per day: \$75 R/\$98 NR

| Class# | Dates | Days | Time |
|----------|-----------|------|----------|
| 612220A3 | April 3-7 | M-F | noon-1pm |



Age 55+ Events



Special Events

Interested in becoming a Levy Senior Center member?
Enjoy member only activities and lower rates on most
Levy Senior Center program offerings.
Membership information: 847-448-8250
Registration: Levy Senior Center, 300 Dodge Ave., Evanston.

Levy Senior Center Member (LM), Non Member (NM)

MAY 29 LEVY CENTER HOLIDAY CLOSURES

The Levy Senior Center will be closed on the following dates:

• Monday, May 29 in observance of Memorial Day

MAY 5

AGING WELLNESS CONFERENCE

This free, half-day conference for older persons and their care partners presents an array of educational workshops on topics including health and wellness, safety, nutrition, technology, legal issues, financial planning, and the arts. The conference will open with registration and a continental breakfast at 8 a.m., followed by a welcome from City of Evanston Mayor, Daniel Biss, and the keynote address by Paula Basta Director for the Illinois Department on Aging. Conference transportation is available through the Levy Senior Centerfor individuals who live in Evanston. For more information, please cal 847-448-8250. Attendees are then invited to participate in two workshop sessions. Workshop pre-registration is required and workshop selections will be available on March 20th. The conference will conclude with lunch and a celebration of the Aging Well Award Recipients for 2020 (SusanCherco) and 2023. Registration: 847-448-8250.

| Dates | Day | Time |
|-------|-----|------|
| May 5 | F | 9am |

MAY 18

WINTRUST BANK SERIES GREATEST AMERICAN SPEECHES

We all know about Franklin D. Roosevelt's "Day of Infamy" speech and Martin Luther King, Jr.'s "I Have A Dream" speech. Professor Gary Midkiff* will discuss these moving speeches as well as share 14 other famous American speeches; the people who gave them; the context in which they were delivered; the impact they had when they were given; and the reasons we should remember them.. To register, please call the Levy Senior Center at 847-448-8250.

Fee: Free

| Dates | Day | Time |
|--------|-----|---------|
| May 18 | Th | 10-11am |

MAY 18 & 25 AARP SMART DRIVERS CLASS

This two-session class is sponsored by AARP. Understand the current rules of the road, defensive driving techniques, safe vehicle operation for today's increasingly challenging driving environment and learn to manage common agerelated changes in vision, hearing and reaction time. Present your AARP card at first session for discount. You must attend both sessions. Register at the front desk or call 847-448-8250. Space is limited.

Registration: front desk or call 847-448-8250 **Fee:** \$15, AARP member; \$20, nonmember payable to the instructor on the day of class.

| Dates | Day | Time | |
|------------|-----|---------|--|
| May 18, 25 | Th | 9am-1pm | |

MAY 19

FRAN RANDALL CONCERT

The Levy Senior Center Foundation along with Evelyn Binz and Bette Coulson is proud to bring the talents of young, award-winning classical musicians to the Levy Senior Center. The outstanding lineup continues to honor the memory of Fran Randall who loved classical music and played an important role in opening the current center. Foundation website at levyseniorcenterfoundation.org. This program will be held virtually. To register, please call the Levy Senior Center at 847-448-8250

Information: levyseniorcenterfoundation.org.

| Dates | Day | Time |
|--------|-----|-------|
| May 19 | F | 1-2pm |

MAY 22

ROUNDTABLE WITH THE DIRECTORS

Join the Levy Senior Center staff members Amy Kellogg, Connor Schwarz, and Brandon Taylor for a round table discussion at the Levy Senior Center. Staff will bring topics and update you on the latest happenings at the Center. There will be opportunity to ask questions, as well as, give your input on programs and services held at the Levy Senior Center. No Fee, registration is required. Virtual connection information will be forthcoming.

Registration: 847-448-8250 **Fee:** free, registration is required

| Dates | Day | rime | |
|--------|-----|---------------|--|
| May 22 | M | 10:15-11:15am | |

APRIL 21 RULES OF THE ROAD

driver's test.

The Secretary of State's office offers a class on driving safety techniques and a review of the Illinois driving laws in preparation for the written

Fee: free, registration is required

| Dates | Day | Time |
|-------|-----|----------|
| April | 21 | 11am-1pm |

Levy Senior Center News / Events

Subscribe to the Levy Senior Center's monthly eNewsletter to stay up to date on programs, events and more!

Age 55+ Services



Benefit Access Applications

Tues. and Thur., 11am-3pm

What is the Benefit Access Program?

Formerly known as the Circuit Breaker.

Benefits available are fee discount on license plates and free rides on fixed-route transit for seniors and persons with disabilities. Eligibility is determined by age, disability, residency and income.

Need help applying or renewing your benefits?

Make an appointment: call the Levy Senior Center at 847-448-8250: space is limited weekly to the first 20 callers.

What do I need to bring to my appointment?

Your Social Security Number, government-issued ID verifying your age and current Federal 1040 tax return. If you do not file a Federal 1040, you will need proof of Social Security Number and SSI Benefit statement (Form SSA-1099).



Heaven Can Wait

This program is designed to honor our most experienced community

members. The Levy Senior Center Foundation will underwrite the Levy Senior Center annual membership fees for program participants who are age 90+.

Current membership rates:

\$34 for residents who live in postal code 60201 and 60202 \$54 for non-residents.

To qualify, registrants need only to show an official ID with proof of their birthday when they register at the Levy Center.



Dennis Newton Scholarship Fund

The Dennis Newton Scholarship Fund provides Levy Center members the financial opportunity to attend our day trips.

Ride the Levy Bus

The Levy Family donated a 22-passenger bus to shuttle members, within the Evanston boundaries, to and from the Levy Senior Center.

Bus schedule

North end Evanston Route to Levy begins 9:30am: South end Evanston Route to Levy begins

12:30pm: First return route leaves Levy 3:30pm: Second return route leaves Levy

Grocery shopping: Tuesdays and Wednesdays beginning at 11am from the Levy Senior Center Schedule a pick-up: on the day of ride, during the hours of 7-8:30am, call 311.

Charge: No charge for Levy Senior Center current membership holders.

The Levy Senior Center Foundation

Happy 100th Birthday!

will also be honoring members in our community turning 100.

100th

Birthday

Centenarians will be recognized with a birthday cake in their honor to be shared with other Levy Senior Center members at the Levy Center.

100th Birthday recognition forms are available on the Foundation table in the lobby or at the front desk. Please allow 5 days advance notice.

Congregate Meal Program

The City of Evanston offers two enhanced lunch program locations through a grant administered by Age Options, which will offset the fee of each meal. No person age 60+ shall be denied participation due to the inability to contribute.

The suggested donation: \$5, age 60 yrs. and up

Lunch service

Monday-Friday, 11:30am-1pm: in the Garden Café, Levy Senior Center

Wednesday, 11:30am-1pm: in the Wisdom Café, Fleetwood Jourdain Center

Levy Senior Center Membership

Levy Center membership is open to adults age 55 years and older.

The membership fee

\$40 for residents of ZIP codes 60201 and 60202 \$60 for a nonresident.

Membership benefits

- Member only free programs
- Discounts on other Levy programs
- Discounted fitness room rates
- Memberships are valid for one year from the date of purchase.

Membership activities

- Knit and Crochet Group
- Duplicate Bridge (bring a partner)
- Line Dance (no experience required) Pickleball

- Woodcarving (tools and materials are available)
- Drop-in Basketball
- Social Bridge Noon (Come as a foursome)
- Seniors Chat (Current events discussion group)
- Inspire Through Flowers
- Folk Dance
- Spanish Conversation Club
- Bid Whist
- And much more.

Senior Health Insurance Program (SHIP)

SHIP is a free health benefits counseling service for Medicare beneficiaries. SHIPs mission is to educate, advocate, counsel and empower seniors to make informed healthcare benefit decisions.

SHIP is an independent program funded by federal agencies, managed by the State of Illinois and is not affiliated with the insurance industry. Levy Senior Center staff and volunteers counsel Evanston residents by appointment only. To schedule an appointment, please contact Connor Schwarz at 847-448-8294.

Age 55+ Activities

Art Classes

Location: Levy Senior Center Levy Member (LM), Non Member (NM)

CLAY HAND BUILDING AND GLAZING

Using a variety of clay, tools, methods and imagination, learn how to hand build. Slab roller and extruder are available for use. Fee includes instruction, firing and supplies. No class May 12,15,29.

Instructor: Vivian Visser Location: Levy Senior Center Fee, 9sessions: \$137 LM/\$179 NM Class# **Dates** Days Time

514606A3 April 3-June 5 9:30am-12:30pm 514606B3 April 3-June 5 1-4pm

ADVANCED CLAY HAND BUILDING

This program is for students who have taken previous clay hand classes and have prior experience working with clay. Students will continue to learn clay building and create with advanced molds. No class May 17

Instructor: Vivian Visser Location: Levy Senior Center Fee, 9 sessions: \$145 LM/\$190 NM

| Class# | Dates | Days | Time | |
|----------|----------------|------|----------------|--|
| 514601A3 | April 5-June 7 | W | 9:30am-12:30pm | |
| 514601B3 | April 5-June 7 | W | 1-4pm | |

MOSAIC TILE-STAINED GLASS

Discover the art of mosaic using stained glass. Learn about basic techniques, tools and materials involved in creating mosaic art. This class covers cutting, adhesives, substrates, design layout, and grouting. Fee includes materials, just bring yourself. Participants will pick up and take home materials from the Levy Senior Center. No class May 12 and 19.

Instructor: Vivian Visser Location: Virtual

Fee, 8 sessions: \$121 LM/\$157 NM

| Class# | Dates | Days | Time | |
|----------|-----------------|------|--------------|--|
| 514626A3 | April 7- June 9 | F | 9:30-11:30am | |
| 514626B3 | April 7-June 9 | F | 12:30-2:30pm | |

PIANO LESSONS

Have you ever wanted to learn to play the piano? You're never too old to learn something new. Piano instructor Evelyn Binz will teach students the basics, all the way to advanced piano. Evelyn offers piano lessons at the Levy Senior Center on Mondays, Tuesdays and Fridays. To schedule an appointment for piano lessons, please contact Connor Schwarz at 847-448-8294. Four, one hour sessions of piano lessons costs \$100. Please pay at the beginning of each month. No refunds for missed appointments.

SHOWER SINGERS

The Shower Singers and Choraleers have joined forces! Have you ever wanted to sing? Join us this great group of talent at the Levy Senior Center. No experience necessary. Shower singers perform at several annual Levy Senior Center events throughout the year.

Location: Levy Senior Center Fee, 10 sessions: \$50 LM/\$65 NM

Class# Dates Days Time 514636A3 Mar 7-May 9 10:30-12pm

UKULELE FOR SENIORS

This class is for beginner level students and those with some experience who want improve their skills. Come and learn the fundamentals and basic chords of the ukulele so that you can play songs you love. Folk, country, Motown, pop, we play it all! All types of Ukuleles are welcome but you should talk with the instructor before registering if you own a baritone. Don't own a Ukulele? Pre-register for this class at least one week in advance, pay a \$50 instrument deposit and we will order a ukulele for you. If you decide that you are unable to continue the course, you will be refunded the amount of \$40 as long as the ukulele is returned in good condition.

Instructor: Lorraine Williams Location: Levy Senior Center or Virtual Fee, 9 sessions: \$80 LM/\$104 NM Class# **Dates** Days Time

514610A3 April 13-June 8 Th 12-1pm

SENIOR UKULELE ENSEMBLE

Looking for some fun people to play ukulele with? If you already know 2-3 strum patterns and 10-12 chords you will be able to have a lot of fun with this group. We play a wide variety of music from the 40s to the 70s and hold ukulele sing-along concerts at the Levy Center 3-4 times a year. Participation in these concerts is not required.

Instructor: Lorraine Williams Location: Levy Senior Center or Virtual Fee, 9 sessions: \$80 LM/\$104 NM

Class# Time **Dates** Davs 514608A3 April 13-June 8 Th 1-2pm

ACRYLIC & WATER CRAYONS

Join a small group atmosphere where you will be utilizing acrylic paint and aqua crayons on paper. This class is designed for beginning painters as well as more experienced painters. The class will view and discuss examples of impressionism, expressionism and abstract paintings. Paintings will follow these examples as well. In-person program only.

Instructor: Linda Boardman Location: Noves Cultural Arts Center Fee. 9 sessions: \$40 LM/\$50 NM Class# **Dates** Days Time 514612A3 Mar 2-June 27

FIGURE DRAWING FOR EVERYONE

This class will focus on drawing from a live model in a variety of media - charcoal, pencil, and pastel. We will learn: form, shading, anatomy, gesture, and composition. There will be both short and long poses. The teacher is a professional artist and art educator with many years of experience working on art for movies and TV. Beginners and more advanced students are all welcome. Students will

provide their own materials as needed No class 12

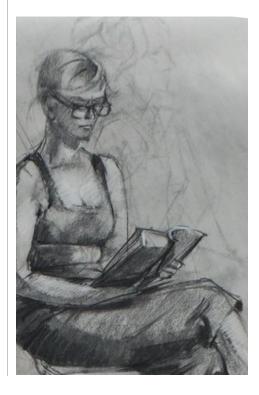
Tu

11am-12:30pm

Instructor: Sarah Kaiser-Amaral Location: Levy Senior Center Fee, 10 sessions: \$132 LM/\$172 NM

and 19.

Dates Davs Time 514637A3 April 14-June 16 F 1-3pm



Age 55+ Activities



Dance Classes

LINE DANCE PRACTICE

If you haven't danced for a while and would like a refresher class or if you just prefer less complicated choreography - this is the class for you. If you have never line danced before you are welcome to attend this class. It might take you a few weeks to get up to speed with the other members of the class. Basic knowledge of steps and terminology and previous line dance experience would be helpful. No class April 19 and 26.

Instructor: Judith Grubner Location: Levy Senior Center Fee. 8 sessions: \$72 LM/\$94 NM

Class# **Dates** Days Time 514618A3 April 5-June 7 1-2pm

CONTINUING LINE DANCING

Designed for dancers who have a solid understanding of basic line dance steps and patterns. Participants will continue to build upon their skills and learn more complex routines and techniques. No class April 19 and 26.

Instructor: Judith Grubner Location: Levy Senior Center Fee, 10 sessions: \$72 LM/\$94 NM

Class# Dates Davs Time 514616A3 April 5-June 7 2:15-3:15pm

ADULT AND SENIOR BALLET

Regain your ballet technique or try for the first time. Come and practice your plies and tendus. We will enjoy a classical ballet class format with barre, center adagio and allegro. All exercises are encouraging our bodies to explore grace and strength.

Instructor: Nichola Goss

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$90 LM/\$117 NM

| Class # | Dates | Days | Time |
|----------|----------------|------|-----------------|
| 514623A3 | April 5-June 7 | W | 10:30-11:15am |
| 514623B3 | April 6-June 8 | Th | 1-1:45pm |
| 514623D3 | April 7-June 9 | F | 11:30am-12:15pm |

BEMOVED®

Start your week off right with this 50 minute dance class that will have you moving to great music! From start to finish, this class will work on balance, flexibility, coordination, and brain health. The Warm-Up infuses breath and movement through choreographed, artistic sequences that activate core strength and balance while improving flexibility and coordination. The Genre section of class uses continuous, engaging dance combinations to inspire anyone from first-time dancers to professionals. Finally, the cool down brings your workout full circle, leaving you balanced in mind, body and soul, feeling rejuvenated. No class May 29.

Instructor: Heidi Mckrzvzki Location: Levy Senior Center Fee, 9 sessions: \$113 LM/\$147 NM

Days Time **Dates** 514017A3 April 3-June 5 M 9-9:50am

Leisure and Enrichment

Bingo returns to the Levy Senior Center, live inperson select Fridays from 12:30pm-3pm. Bingo will be held in the gym to allow for greater spacing and social distancing. Masks will be required. Please pre-register by calling the Levy Senior Center at 847-448-8250. \$1 per card. Prizes for all the winners!

Fee: Free, must be a Levy member

| Dates | Days | Time |
|---------|------|-----------|
| Ongoing | Tu,F | 12:30-3pm |

REAL ESTATE CONSULTING

Receive a free, no-obligation real estate consultation on downsizing your property. One of the biggest tasks facing us as we get older is when and how to downsize from our current homes, and the daunting task that downsizing entails. The goals of the session is to answer any questions relating to that process. Some, but not all of these questions may be: What is my home worth? Drop-in, no registration is required.

Location: Levy Senior Center

Fee: Free

Dates Days Time

TBD



Age 55+ Activities

Fitness

AGELESS GRACE, BRAIN BODY FITNESS

This active exercise class is a fun, cutting-edge program based on neuroplasticity using 21 gentle, easy to follow physical exercises designed for lifelong optimal functioning. The exercises are done in a chair with some optional standing and are based on everyday movements that focus on balance, strength, stamina, joint mobility, flexibility and range of motion. Anyone, including those with arthritis and other physical challenges, can participate at their own level. .

Instructor: Susan Mendelson
Location: Levy Senior Center or Virtual
Fee, 10 sessions: \$80 LM/\$104 NM
Class# Dates Days Time

514329A3 Mar 30-Jun 1 Tu 10:15-11am

FUNCTIONAL FITNESS FOR BETTER STRENGTH AND BALANCE

This class uses light weights, exercise bands and exercise balls to give people gentle, yet challenging movements to increase strength, flexibility and balance. The class is performed sitting with optional standing so adults at any fitness level will feel comfortable participating.

Instructor: Susan Mendelson Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

 Class #
 Dates
 Days
 Time

 514344A3
 Mar 30-Jun 1
 Th
 11:05-11:50am

CARDIO. STRENGTH AND STRETCH

This class combines a cardio workout with strength training and stretching. Participants will do low impact aerobics and use hand weights, resistance tubing and balls to build strength and anaerobic endurance if available. This class will be held virtually only. No class May 29.

Instructor: Marla Lampert

Location: Levy Senior Center or Virtual Fee, 20 sessions: \$160 LM/\$208 NM

 Class #
 Dates
 Days
 Time

 514326A3
 Mar 27-Jun 5
 M/W
 10:30-11:30am

MIND/BODY CARDIO, STRENGTH AND STRETCH

Dance and martial arts Nia inspired movement for mobility and endurance, followed by seated/ standing strength exercises (with hand weights), balance and a final mindful stretch. Moderate level with options for adapting movement for higher or lower intensity. Movement can be performed from a chair. No class May 5.

Instructor: Barbara Mever

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$70 LM/\$90 NM

 Class #
 Dates
 Days
 Time

 514351A3
 Mar 31-Jun 9
 F
 10:30-11:30am

INTEGRATED BODY: STRENGTHEN & LENGTHEN

Natural, functional whole body movement for developing strength, flexibility and mobility. Movement will be performed from standing, seated in a chair and on the floor. Class ends with a brief guided relaxation. We will be using a small squishy 8-9" ball (small playground ball) and a stretchy band (like a Theraband). Participants should be comfortable getting down and up, and working, from the floor. This class will be held in-person and virtually. No class May 29.

Instructor: Barbara Meyer

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|--------------|------|-----------------|
| 514336A3 | Mar 27-Jun 5 | M | 11:45am-12:30pm |

SILVERSNEAKERS STABILITY

Stability class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants. A chair may be used for balance and support. This class is offered in-person and virtually.

Instructor: Maureen Fogerty Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class # | Dates | Days | Time | |
|----------|---------------|------|---------------|--|
| 514346A3 | Mar 31-Jun 9 | W | 10:45-11:45am | |
| 514346B3 | Mar 29-May 31 | F | 9:30-10:30am | |



ZUMBA GOLD

A low impact Zumba class with easy to follow choreography that focuses on cardiovascular and muscle conditioning, range of motion, coordination, flexibility, and balance. Zumba Gold is designed to be approachable by all populations, regardless of fitness level. Experience with dance is not required.

Instructor: Suzanne Hock

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|---------------|------|-----------|
| 514304A3 | Mar 28-May 30 | Tu | 11am-12pm |

ZUMBA GOLD TONING

A class that blends Zumba Gold with light hand weights to enhance muscle strength, tone and endurance. Using easy to follow choreography and fitness moves with and without weights, the class focuses on toning muscles, endurance, range of motion, flexibility, coordination, and balance. All adults welcome. No experience necessary. Light weights are used in class. No class May 5.

Instructor: Suzanne Hock

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|----------------|------|---------|
| 514303A3 | April 7-June 2 | F | 10-11am |

ZUMBA FOR BOOMERS AND FRIENDS

Enjoy a low impact Zumba class with no jumping but all the great music and moves you love for a fun workout. Zumba is a party that is exercise in disguise. All adults welcome. No experience necessary. No class May 25.

Instructor: Suzanne Hock

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|--------------|------|--------------|
| 514314A4 | Mar 30-Jun 8 | Th | 6:30- 7:30pm |

MOVERS AND SHAKERS

Shake your body into shape with this low intensity, fun filled workout! Enjoy the music and the company while you get fit!

Instructor: Whitney Williams

Location: Fleetwood-Jourdain Community Center

Fee, X sessions: Free

| Class# | Dates | Days | Time |
|----------|----------------|------|---------|
| 414301A6 | Mar 6-April 26 | M,W | 10-11am |



PILATES/SCULPT

Pilates work centers on strengthening the core. This class will improve flexibility, physical strength and enhance mental awareness. We will lengthen, strengthen and sculpt the entire body. This workout includes floor work with optional light hand weights.

Instructor: Marla Lampert

Dates

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM /\$104 NM

Days Time 514353A3 Mar 28-May 30 Tu 9:30-10:15am

POWER-UP

Class#

This class will "power up" your mind, body, and spirit using various exercises along with a little humor to give an energetic boost to your day! Just like "powering up" a computer, you can turn on your abilities and increase your strength while learning and having fun. The class can be done seated in a chair or standing while we focus on posture, alignment, core, breath, and muscle strength. Weights, bands, straps, and other equipment may be used. All levels are welcome. Shoes are required. This class will be held in-person and virtually.

Instructor: Sandy Nowarita

Location: Levy Senior Center or Virtual Fee, 8 sessions: $$64 \, LM / $84 \, NM$

Class# **Dates Days Time**

514348A3 Mar 28-May 16 Tu 10:45-11:30am

Tai Chi

WEATHER WARRIORS

We will practice Chi Gong for flexibility, health and well-being. Becoming quiet and being open to the changing nature of Spring will be the focus. This will be held in the Courtyard Garden at the Levy Center rain, snow or shine. This class is held in-person only. No class May 29.

9-9:45am

Instructor: Evelyn Thompson

514363A3 Mar 27-Jun 5

Location: Levy Senior Center or Virtual

Fee, 10 sessions: \$80 LM/\$104 NM Class# **Dates** Days Time

| TAI CHI CHI GONG |
|------------------|
|------------------|

Tai Chi is a relaxing, gentle, flowing exercise coordinating movement, breath and mind. Tai Chi benefits people of all physical abilities. You'll increase your flexibility, coordination, balance and circulation. No registration allowed after week 2. This class will be held in-person and virtually.

Instructor: Evelyn Thompson

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|--------------|------|--------|
| 514327A3 | Mar 31-Jun 9 | F | 9-10am |

TAI CHI FUNDAMENTALS

Learn a basic Tai Chi form as well as a number of techniques designed to energize the body, reduce and manage stress and improve balance and flexibility. Regular practice of this system of gentle movements can facilitate harmonious energy flow throughout the body enhancing your physical and emotional well-being. This class will be held virtually only. No class May 29.

Instructor: Francesca Segal

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time | Туре |
|----------|-----------------|------|----------|-----------|
| 513328A3 | Mar 27-Jun 52 | M | 9-10am | Virtual |
| 513328B3 | April 9-June 11 | Su | 1-2:30pm | In-person |

QI GONG FOR SENIORS

Create a healthier connection between your spirit, mind and body! This class teaches you a relaxing and gentle exercise that increases your flexibility, coordination, balance and circulation. People of all physical abilities will benefit. This class will be held virtually only.

Instructor: Francesca Segal

Location: Virtual

Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time |
|----------|--------------|------|-------|
| 514325A3 | Mar 30-Jun 8 | Th | 1-2pm |

FELDENKRAIS

Using purposeful movement sequences, The Feldenkrais Method offers a gentle, comfortable way to explore your movement patterns and retrain your body to move more effortlessly. The Awareness Through Movement lessons are designed to help you improve your balance and move with greater freedom, flexibility and efficiency so that you can create better quality of movement in everything you enjoy doing. This class will be held in-person & virtually

Instructor: Andrew Serlin Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time | |
|----------|--------------|------|---------------|--|
| 514328A3 | Mar 31-Jun 9 | F | 10:30-11:30am | |



Age 55+ Clubs and Groups

Clubs and Groups

You must be a Levy Senior Center member to participate. Location: Levy Senior Center

Fee: Free; Levy Senior Center Members only

LEVY WRITING GROUP

A casual writing group where people meet to write, share their thoughts and memories. Everyone is welcome to join, for one session or for many. Registration is not required.

| Dates | Days | Time |
|---------|------|--------------|
| Ongoing | W | 10:30am-noon |

SENIORS CHAT

This group, facilitated by Charlotte Jaffee, discusses current events and news, often with guest speakers. The program is free and everyone is welcome.

| Dates | Days | Time |
|---------|------|----------|
| Ongoing | М | Noon-1pm |

LOW VISION SUPPORT GROUP

New members are welcome! Come meet with other older adults who know vision impairment challenges. Share your experiences, questions, access information and resources. Learn to confidently manage daily tasks and pleasures. This group is facilitated by staff of the North Shore Senior Center-Evanston Social Services. This group meets virtually.

Information: Erica at 847-424-5669.

| Dates | Days | Time |
|---------|-----------------------|---------------|
| Ongoing | First Tu of the month | 10:15-11:45am |

LEVY KNIT AND STRING GROUP

Do you like to knit, stitch or crochet? The group leader will guide you through your projects and teach you about holding needles, yarn, purl stitches, cast on and cast off stitches and much more. This social and yarn swap meets weekly in the Levy Library. Please bring your project to share with the group. New and beginner knitters are welcome.

| Dates | Days | Time |
|---------|------|-------|
| Ongoing | Th | 1-3pm |

EVANSTON CHESS CLUB

Come play chess with other adults age 18 and over. Chess Club welcomes players of all levels for slow games, fast games, and game analysis in a relaxed, friendly atmosphere. Players should know how to move pieces and checkmate. Chess sets are supplied. The third Wednesday of each month choose between 'regular chess' and a round-robin blitz tournament. Chess Club membership is required and membership is valid one year from date of purchase.

 Dates
 Days
 Time

 Ongoing
 W
 6:30-9pm

INSPIRE THROUGH FLOWERS

The Levy Senior Center is pleased to announce a new partnership with Inspire Through Flowers, formerly known as Random Acts of Flowers. This group meets Wednesdays, 4:30-6pm and Thursdays, 9:30am-1pm in Craft Room A. This all volunteer group collects recycled vases, donated flowers and arranges them into beautiful bouquets. Inspire Through Flowers then delivers the bouquets to hospitals, senior/nursing communities and veteran's facilities. All floral material that cannot be used is composted in a sustainable manner. We are seeking vases and volunteers. Please add your clean vases to the lobby collection box. Volunteer space is limited. All volunteers must have a valid Levy Senior Center Membership. To volunteer or more information, please contact Connor Schwarz, Levy Program Coordinator at 847-448-8294 or inspirethroughflowers@gmail.com.

Registration and information: 847-448-8250



Pickleball

PICKLEBALL WORKSHOP

All levels of play require side to side mobility and hand/eye coordination. It's a fun sport, but you need flexibility and coordination. Those who have experience playing racquet sports will enjoy and develop more quickly.

Instructor: Carl Rosenthal Location: Lovelace Park

Fee, 5 sessions: \$138 LM/ \$187 NM

Beginners

This workshop consists of 45 minutes of instruction, followed by 45 minutes of open play. After the basics are taught with rules of play, keeping score and positioning, learn to improve your play individually improving your skills and confidence. We will continue to review and practice at a slow and fun pace. All equipment will be provided

| Class# | Dates | Day | s Time |
|----------|-----------------|-----|-----------|
| 514801A3 | April 24-May 22 | M | 12-1:30pm |
| 514801B3 | April 26-May 24 | W | 12-1:30pm |

Advanced Beginners

This workshop is a continuation of the beginners class. This is for players with some knowledge but lack confidence in hitting the ball consistently. We will reinforce strategy with serves and returns, better shot placements, dinking, punching, lobs, footwork and movement and communicating with your partner. Some may need to repeat this workshop several times before advancing to the next level

| Class# | Dates | Days | Time | |
|----------|-----------------|------|----------|--|
| 514801C3 | April 26-May 24 | W | 3-4:30pm | |

Intermediate/Easy Play

For players with more court experience, looking to improve consistency of their shots and game strategy. This clinic will help players to develop and maintain a solid serve and return of serve shots. In addition, we will review stroke mechanics and footwork for ground strokes and volley shots. There will be emphasis on the dink and ways to develop this very important skill. All learning will be reinforced through game pla

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 514802A3 | April 24-May 22 | M | 1:30-3pm |
| 514802B3 | April 26-May 24 | M | 1:30-3pm |

Competitive/Aggressive Play

This workshop is for the more mobile, competitive and experienced pickleball players designed to improve your play with strategy drills, dinks, better shot placements, punching, lobs, deeper serves and by the end of the clinic, players will understand the importance of the 3rd shot drop and have practiced some of the mechanics of this shot.. 45 minutes of instruction, followed by 45 minutes of open play. Must have previous Pickleball playing experience.

| Class# | Dates | Days | Time |
|----------|-----------------|------|----------|
| 514802B3 | April 24-May 22 | M | 3-4:30pm |



Yoga

YIN YOGA

Science of Yoga: Using foundational yang and yin poses, this class will improve your balance, flexibility and open up your connective tissue. This class is for every level, since almost every pose can be modified. This unique class is like an owner's manual for the human body. Participants can add light weights to some of the standing poses but not required. This class will be held in-person and virtually. No class May 29.

Instructor: Maureen Fogerty Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

Class# Dates Davs Time 514333A3 Mar 27-Jun 5 12-1pm

SILVERSNEAKERS YOGA

Silversneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Some Medicare recipients qualify to take this class at no charge. Please call Levy Center at 847-448-8250 to find out if you qualify. There is no charge for Silversneakers members. Registration is Required. This class will be held inperson and virtually.

Instructor: Shauna Babcock (W) Barbara Meyer (F)

Maureen Fogerty (Su)

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

| Class# | Dates | Days | Time | Туре |
|----------|---------------|------|---------------|-----------|
| 514316A3 | Mar 29-May 31 | W | 9:30-10:30am | Hybridl |
| 514316B3 | May 31-Jun 9 | F | 11:45a-12:45p | Hybrid |
| 544316C3 | Mar 26-Jun 4 | Su | 9:30-10:30am | In-person |

BEGINNING YOGA FOR SENIORS

Discover the benefits of yoga postures and controlled breathing - you'll improve the flexibility of your body and mind! You must be able to easily transfer from standing to sitting and lying down. No previous yoga experience necessary, just an open mind to explore new experiences. Please wear nonbinding clothing; shoes are not needed for class. This class will be held in-person & virtually.

Instructor: Betsy Murphy, RN (Tu)

Shauna Babcock (Th)

Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 R /\$104 NR

| Class # | Dates | Days | Time |
|----------|---------------|------|--------------|
| 514322A3 | Mar 28-May 30 | Tu | 9:30-10:30am |
| 514322B3 | Mar 30-Jun 1 | Th | 9-10am |

CONTINUING YOGA FOR SENIORS

This class is designed for participants who have previous yoga experience and are comfortable with yoga flow movements. Please wear non-binding clothing; shoes are not needed for class. This class will be held in-person & virtually

Instructor: Betsy Murphy, RN Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

Class# Dates Days Time 514313A3 Mar 28-May 30 Tu 8:15-9:15am

GENTLE CHAIR YOGA

If you are interested in exploring yoga, but are less ambulatory or not able to transfer easily, join this class! No experience necessary, all are welcome. We will explore the mind body practices of yoga seated in a chair or using the chair for support in standing poses. Learn yoga movement, breathing and relaxation practices to increase flexibility of mind and body. Please wear comfortable clothing. Tuesday classes will be held in-person & virtually and Thursday classes will be held virtually only.

Instructor: Betsy Murphy, RN

Location: Virtual

Fee, 10 sessions: \$160 LM /\$208 NM

Class# **Dates** Days Time 514339A Mar 28-Jun 1 Tu,Th 10:45-11:45am

STRETCH & RESTORE YOGA

Explore a sequencing of traditional restorative yoga poses and stretches to relax, release, reset and rejuvenate your mind and body. The class will help you improve circulation and digestion as well as remove toxins and reduce muscle tension. We will be using chairs, mats, blocks, blankets and straps. All levels are welcome. No experience or shoes necessary. This class will be offered in-person and virtually

Instructor: Sandy Nowarita

Location: Levy Senior Center or Virtual Fee, 8 sessions: \$64LM /\$104 NM

Class# Dates Days Time 514348A3 Mar 28-May 30 Tu 11:45am-12:30pm

YOGA TO HEAL

Integrate the healing power of Yoga into your strategy to get well and stay healthy. Use breath, guided meditation, mudras and movement to improve your peace of mind while recovering strength and energy. This class will be held inperson & virtually. Class virtual only May 6 due to Hoops for the Ages Tournament.

Instructor: Shauna Babcock Location: Levy Senior Center or Virtual Fee, 10 sessions: \$80 LM/\$104 NM

Class# **Dates** Days Time 513315A3 April 1-June 3 9-10am

Trips

GREASE AT DRURY LANE

Grease is a musical with music, lyrics, and a book by Jim Jacobs and Warren Casey. Named after the 1950s United States working-class youth subculture known as greasers, the musical is set in 1959 at fictional Rydell High School (based on Taft High School in Chicago, Illinois follows ten working-class teenagers as they navigate the complexities of peer pressure, politics, personal core values, and love. The dennis newton scholarship is available for this trip. Fee includes: transportation, ticket, and lunch.

Fee: \$140 LM/\$182 NM

Class# **Dates** Days Time 5540001D3 April 27 9:45am-5:15pm

ART INSTITUTE OF CHICAGO AND **LOU MALNATI'S**

Join us as we attend the most prestigious Art Museum in Chicago. The Art Institute holds more than 300,000 pieces of art and has art for all! After the Art Institute of Chicago we will be going to Lou Malnati's for lunch. Lunch includes: Pizza, pasta, salad, dessert and soda.

Fee: \$85 LM/\$105 NM

Class# **Dates** Days Time 9:45am-5:30pm 5540001E3 May 25



Lakefront Activities

Lakefront Activities

A beach pass is needed for admission to Evanston's five public swimming beaches.

Beach Information and Hours

BEACH OFFICE INFORMATION

Dempster St. Beach Office (Open Daily)

May 13-June 9, 10am-6pm

June 10- Sept. 4, 10am-8pm

Dempster St. at Lake Michigan (1251 Lake Shore Blvd) 847-866-4167

Clark St. Beach Office

May 27-June 9 11am-5:45pm

June 10-Sept. 4, 9am-7:30pm

Clark Street at Lake Michigan (1811 Sheridan Rd.)

Beach season:

May 27-Sept. 4 (Labor Day)

Beach hours:

May 27-June 9, 11am-6pm

June 10-July 31, 10:30am-8pm

August 1-September 4, 10:30am-7:30pm

Free Resident Beach Passes

Season passes for Evanston residents who reside in zip code 60201 & 60202 can be procured at recreation centers beginning April 17th.

Proof of Residency Required:

Adults must bring in a driver's license, state ID with current Evanston address or two of the following: utility bill (no older than 60 days) with name & mailing address listed, valid voter registration card, a valid vehicle registration card, or current lease agreement.

Children do not need to be present. However, a guardian/parent will need to show a current report card, school picture ID, birth certificate, insurance card listing dependents, tax return document, or other form of ID that a guardian/parent may have that proves the child resides with them at the Evanston address.

Where to Pick up Season Passes

Season passes can be picked up or purchased in person at the following facilities.

- Chandler-Newberger Community Center, 1028 Central St. (8:30 am to 5 pm, M-F)
- Evanston Ecology Center,
 2024 McCormick (8:30 am to 4 pm, M -F)
- Fleetwood-Jourdain Community Center, 1655 Foster St. (8:30 am to 5 pm, M-F)
- Robert Crown Community Center, 1801 Main St. (8:30 am to 9 pm, daily)
- Levy Senior Center,
 300 Dodge Ave. (8:30 am to 5 pm, M-F)

BEACH LOCATIONS NORTH TO SOUTH



- Lighthouse Beach
 2611 Sheridan Rd.
 just north of Central St.
- 2. Clark Street Beach
 1811 Sheridan Rd.
 Clark St. at Sheridan Rd.
 5. South Blvd. Beach
- 3. Greenwood Beach 1401 Sheridan Rd. Greenwood St. at the lakefront
- 4. Lee St. Beach

1111 Lake Shore Blvd. between Lee St. and Greenleaf St. on Lake Shore Blvd.

525 Sheridan Square Sheridan Sq. off Sheridan Rd.

NON-RESIDENT BEACH ACCESS

Season Beach Passes

Purchased April 17-June 1:

Skokie Resident: \$TBD Nonresident: \$110

Purchased June 11-July 31:

Skokie resident: \$TBD Nonresident: \$131

Purchased Aug. 1-Labor Day):

Skokie Resident: \$TBD Nonresident: \$28

Daily Passes

Nonresident visitors and guests can purchase a daily pass through the Viply app for \$12 pervisit at www.viplypass.com or in-person at the following facilities during office hours.

- Dempster Street Beach Office, 1251 Lake Shore Bld.
- Clark Street Beach Office, 1811 Sheridan Rd.

CHURCH STREET POWER BOAT RAMP

The ramp is for launching power boats, personal watercraft (jet skis), and large sailboats requiring a trailer to launch. Boat's that are 28' or longer, or have a running draft of 36" or deeper, may find launch difficulty. Season launch permits are required for each boat/vessel. Each season permit includes one parking hang-tag, one launch sticker, and a key card for the entrance gate. To receive the resident rate (only zip codes 60201 & 60202) a State ID and matching boater registration must be provided.

Ramp opens: early/mid May—end of October, depending on weather and dredging conditions. Information and online Application:

cityofevanston.org/boatlaunches; 847-448-8046.

| Rates | Ev. Resident | Nonresident. |
|---------------|--------------|--------------|
| Season Permit | \$360 | \$600 |

DEMPSTER ST. LAUNCH FACILITY

The facility is for the launching, retrieval and storage of non-motorized vessels, small sailboats (Sunfish, Laser, etc.), catamarans, windsurfing boards, canoes, stand up paddle boards and kayaks for only approved and permitted vessels. It is unlawful to launch any vessel at any swimming beach or other public right of way within the borders of the City of Evanston. Swimming and wading are not permitted at this location.

Facility dates: May 13-October 24, 2021

Daily hours: 7am-dusk.

Storage spaces: Storage is currently full and a

wait-list is available.

Information and wait-list registration:

cityofevanston.org/boatlaunches; 847-448-8046.

Storage and Launch Rates

| Rates | Ev. Resident | Nonres |
|----------------------------------|--------------|--------|
| Single hull sailboat w/locker | \$358 | \$466 |
| Double hull w/locker | \$468 | \$606 |
| Windsurf board w/locker | \$358 | \$466 |
| Kayak, no locker | \$303 | \$394 |
| Stand-up Paddle board, no locker | \$303 | \$394 |
| Locker | \$55 | \$75 |

Launch only Rates

| Rates | Ev. Resident | Nonres |
|--|--------------|--------|
| Season (Purchased before July 31) | \$210 | \$275 |
| Half Season (Purchased after August 1) | \$105 | \$138 |







WATERCRAFT RENTAL

Watercraft rentals are available by the hour, the day, or the season. Adults can rent one of our day sailing boats; stand up paddle boards or one of our kayaks (single and tandem). Life jackets are available and required for all passengers. You'll need to show a valid driver's license or state ID. Fee assistance is not available for rentals. Only one person allowed on a paddleboard at a time. Due to the weather, rentals can be cancelled or limited to more capable boaters.

Location: Dempster St. Beach Office

Age: 6 yrs. and up

Season: June 11-August 13 Weekday rentals: 3:30pm-7:30pm

(limited number of watercraft from 3:30-4:30pm). Weekend and Holiday rentals: 11am-7pm.

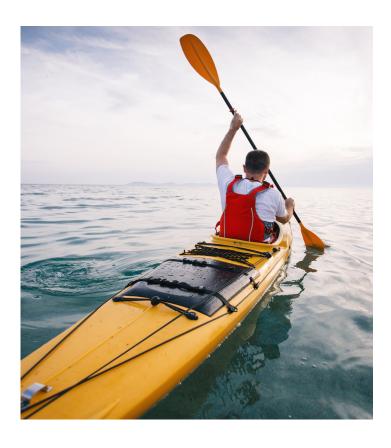
| Vessel Type | Evanston Res. | Nonres. |
|-------------------------|---------------------|----------------------|
| Kayak, single or double | \$30/45 min. | \$40/45 min. |
| | \$45/1 hr. 45 min. | \$60/1 hr. 45 min. |
| | \$85/3 hrs.45 min. | \$111/3 hrs. 45 min. |
| Stand Up Paddleboard | \$30/45 min. | \$40/45 min. |
| | \$45/1 hr. 45 min. | \$60/1 hr. 45 min. |
| | \$85/3 hrs. 45min. | \$111/3 hrs. 45 min. |
| Barnett 1400 | \$35/45 min. | \$46/45 min. |
| | \$50/1 hr. 45 min. | \$65/1 hr. 45 min. |
| | \$90/3 hrs. 45 min. | \$130/3 hrs. 45 min. |

Save with a punch pass

15 punched at 45 min.: \$303 R/\$394 NR. Unlimited Season Rental: \$660 R/\$860 NR. Passes are valid only during season purchased.

Boat reservations: starting the day before with a max. of 1 hr. and 45 min.

reserved on a single day.





Pooch Park and Dog Beach

The Cook County Animal and Rabies Control Ordinance requires written proof on file with the Dog Park/Dog Beach operator of an examination within the past year for any communicable diseases including current vaccinations or titers (antibodies) for Rabies, Distemper, Hepatitis, Para-influenza, Parvovirus and Bordetella (kennel cough), as well as internal parasites as confirmed by stool sample. The dog must be currently licensed in Evanston or proof is required that the dog is licensed by the local government where the dog's owner lives. **Question?** 311 (847-448-4311) or contact Cook County Animal Control at 708-974-6140.

The Skokie Park District and City of Evanston jointly developed 2.7-acre off-leash area, located on the east bank of the North Shore Channel, between Main and Oakton Streets.

Park open: 5am-10pm daily, year-round.

Pooch Park fees:

\$50 for the first dog, \$10 for each additional dog.

Rules and requirements:

Local code determines the number of dogs allowed in a household. Before purchasing a membership, your dog(s) must have the appropriate shots and up-to-date paperwork must be turned in at the time of registration.

For more information:

Visit, cityofevanston.org/poochpark or Skokie Park District: 847-674-1500.

Evanston's Dog Beach is located north of the Church St. Power Boat Ramp, 1631 Sheridan Rd.

Information: cityofevanston.org/dogbeach

Fee: \$75 R/\$200 NR

General Information

Registration

Classes that don't reach minimum enrollment level are canceled.

Who is a Resident?

To receive the Evanston resident rate for a Parks and Recreation Department program, you must live in ZIP code 60201 or 60202.

Class Cancellations

In case of class changes or program cancellation, we'll notify you in advance by telephone or postcard. Generally, refunds are issued within two weeks. If circumstances arise causing us to cancel a class session, every effort will be made to schedule a make up class.

Payment Deadline

Payment in full is required at registration (except for summer camps, which allow a \$25 deposit per child per camp #/session to hold a space until the balance due deadline). You (or your child) will be admitted to a class or program afterfull payment is made. If your family has been approved for fee assistance, your portion of the fee must be paid in full before you (or your child) will be registered in the class.

Insurance

The City of Evanston does not carry hospitalization insurance for program participants. Contact your health care provider for details regarding your individual plan.

Refund Policy

Unless the program is canceled by the City, a \$5 service fee will be charged for refunds. For classes already in session, refunds will be prorated and issued in the following situations:

- 1. Written proof of illness or medical problem for the participant or immediate family member prior to or during the program or activity.
- 2. Written proof that the participant has moved or will move out of the service boundaries of the City of Evanston prior to or during the program or activity.
- 3. Unusual circumstances which fall into the category of "hardship." No refunds on Daily, Seasonal or Yearly Activity Passes/Programs These include beach tokens, ice-skating passes, extended care coupons, fitness passes, season launch permits, leagues, dog beach passes and the like.

Camp Transfers and Refunds

Summer camps are covered separately from the refund policy listed above. For more information, please contact the City of Evanston Parks and Recreation Department at 311 (847-448-4311) or refer to the annual camp guide at

cityofevanston.org/summercamps.

How to Initiate a Refund

To initiate the refund process, please mail or drop off written notice of your request, along with written proof of illness, moving or hardship (see refund policy), to the community center where the program is held or the Lorraine H. Morton Civic Center. Information: call 311 (847-448-4311).

Fee Assistance (Scholarships)

Fee assistance is awarded to qualified Evanston residents on a sliding scale according to the number of family members in relation to total family income. Fee assistance is not available for special events or trips. Information regarding the fee assistance application process and the documents needed to verify family income and residency may be obtained at any Evanston Recreation Division community center.

Information and forms may be downloaded at cityofevanston.org/recreationfeeassistance.

Child Supervision/Pick-up Policies

Parents/guardians are responsible for picking up children promptly at the time the program is scheduled to end. Instructors often have other programs to teach and can't supervise children for an extended period after the program.

Parents or guardians who pick up a child more than five minutes late from a program are assessed a late fee of \$10 per child per 15-minute time period. For instance, if the program ends at 4pm and you arrive between 4:06 and 4:21, the late fee is \$10. If you call and advise staff that you are running late, we'll allow a 10-minute grace period, followed by the \$10 per 15-minute late fee.

Toilet Training

All participants must be toilet trained before beginning a City of Evanston program unless approved by program manager.

Photographs and Videotaping

Program participants may be photographed or videotaped. These images may appear in future promotional materials.

Americans with Disabilities Act

The City of Evanston's programs, activities and services are subject to all applicable laws regarding non-discrimination, including the Americans With Disabilities Act (ADA). ADA prohibits discrimination on the basis of disability. The City has established a committee to review its programs and policies and welcomes suggestions from interested individuals. Reasonable accommodations will be made in recreation programs, activities and services to enable participation by an individual with a disability.

To aid staff in making accommodations, please contact them no later than two weeks in advance of the program by calling one of the phone numbers listed below, by writing or in person (three weeks' notice is even more helpful). The time line for summer camps is no later than 10 days in advance of a program.

If you have any questions about the Parks and Recreation Department policies regarding ADA, please call 847-424-5496 (voice); 847-866-5095(TTY); 800-526-0857 (Illinois Relay Center voice transmission).

Equal Opportunity

As the City of Evanston has received federal financial assistance, the U.S. Department of the Interior, under Title VI of the Civil Rights Act of 1964,

prohibits discrimination on the basis of race, color, national origin, age or handicap. If you believe that you have been subjected to discrimination in any program, activity or facility, or if you desire further information regarding Title VI, please write to: Office for Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240.

E-mail on Registration Form

Your e-mail address is just another way to communicate with you. It will not be shared with any third parties.

Registration

Go online:

cityofevanston.org/register



In person:

All Evanston Recreation Division community centers see page 2).



By telephone:

All Evanston Recreation Division community



Register with your Visa, MasterCard, Discover, or American Express Card.

The City of Evanston's Parks and Recreation Department strives to provide you with excellence in recreational programs and services. If you are not satisfied, we request your suggestions, comments, or ideas which will improve our programs.

Inclusion Services Policies & Procedures

Questions: please contact inclusion@ cityofevanston.org; 847-424-5496 (voice) or 800-526-0857 (IL Relay Centervoice transmission.)

Goals of Evanston Inclusion Services

- To provide opportunities for individuals with disabilities to participate safely and successfully alongside peers in the City of Evanston's Parks & Recreation programming.
- To provide access to the goals, benefits, and overall experience that all participants in the program receive through reasonable, least restrictive accommodations which do not fundamentally change the recreation program.
- To facilitate understanding, collaboration, and connections within all Parks & Recreation programming and within the community.

Receiving Inclusion Services

Requests for Inclusion Services can be initiated by Parks and Recreation staff or participant and/ or guardian(s).

Parks and Recreation staff must request Inclusion Services by completing the following steps:

- Staff communicates with the participant/ guardian to inform them of any concerns related to safety and successful participation in the program. Staff informs participant/ guardian that they will be contacting the Inclusion Coordinator for support.
- Staff contacts the Inclusion Coordinator to communicate concerns.
- Inclusion Coordinator schedules an observation of participant at program.
- After observation, Inclusion Coordinator provides an observation summary to the staff requesting assistance, which will include a determination about any support/ accommodations needed.
- The staff provides this summary to other applicable staff in the program and to participant/guardian.
- If it is determined that accommodations are needed, the Inclusion Coordinator contacts the participant/guardian to complete an Inclusion Assessment.
- Inclusion Coordinator provides tools to program staff for accommodations as needed.
- If it is determined that an Inclusion staff is needed, the Inclusion Coordinator begins the process of assigning/hiring and training an Inclusion Aide.
- In the case that an Inclusion Aide is not available, the participant will be placed on the Inclusion waitlist.
- Program fees paid will be prorated as needed based on any missed days after the initial observation.
- If an Inclusion Aide is not found by the end of the program season, all fees will be credited back to the participant/guardian.

Participant and/or guardian must request Inclusion Services by completing the following steps:

- Participant/guardian are encouraged to contact the Inclusion Coordinator as soon as possible once determining what program(s) the participant would like to attend.
- Once registered, the participant/guardian completes an Inclusion Assessment with the Inclusion Coordinator to determine any accommodations needed for safe and successful participation in the program.
- Inclusion Coordinator communicates with program staff and prepares tools as needed for any accommodations for the program.
- If it is determined that an Inclusion Aide is needed, the Inclusion Coordinator begins the process of assigning/hiring and training an Inclusion Aide.
- In the case that an Inclusion Aide is not available, the participant will be placed on the Inclusion waitlist.
- Program fees paid will be prorated as needed based on any missed days of the program due to an Inclusion Aide not being available.
- If an Inclusion Aide is not found by the end of the program season, all fees will be credited back to the participant/guardian.

Accommodations Provided Through Inclusion Services

Following guidance from the ADA (Americans with Disabilities Act), any accommodations provided for safe and successful participation in a Parks & Recreation program will be reasonable, least restrictive, and will not fundamentally change the program.

Accommodations and levels of support needed will be determined on a case-by-case basis and may include:

Minimum support

Check-ins and Training and Adapted visits from Inclusion equipment education for and/or tools for Coordinator program staff program staff throughout the program Modifications Inclusion Aide added to the to program structure or program routine

Maximum support

Inclusion Services will be re-evaluated as necessary with consistent communication between the Inclusion Coordinator, participant/ guardian, Parks & Recreation program staff, and Inclusion Aide, if applicable. An increase in support will be adjusted based on the needs of the participant as determined by the Inclusion Coordinator.

Inclusion Aide Assignments

Inclusion Aides are trained to provide support as needed to help Parks & Recreation staff include the participant in programs. This training includes adapting activities, behavior management, disability awareness, incorporating visual and sensory tools, and other participant-specific tasks as needed, such as assistance with personal care (i.e. changing clothes, eating, toileting, etc.) mobility, or communication.

While every effort will be made, the determination of maximum support and the need for an Inclusion Aide does not guarantee that an Inclusion Aide will be available. Needs will be considered on a first-come, first-served basis and Aides will be assigned based on availability as well as skill level required. Due to the high volume of Inclusion Aides needed citywide, the same Inclusion Aide cannot be guaranteed from program to program. Inclusion Aides will not be provided for programs which do not require pre-registration (e.g., drop-in camp, open gym, and family programs.)

Attendance

- If an assigned Inclusion Aide is unable to work due to an emergency or illness, every effort will be made to place an appropriate and available substitute with the participant. If a substitute is unavailable, the participant will be unable to attend the program until an Inclusion Aide is available. Applicable program fees will be prorated until an Inclusion Aide is available.
- If a participant is going to be absent, the participant/guardian must contact the Inclusion Coordinator and Parks & Recreation program staff/designee as soon as possible.
- If the participant is absent three times during a single program, the Inclusion Aide will be removed and re-assigned to a participant on the Inclusion waitlist. This results in immediate discontinuation of participation for this participant for the remainder of the program.

Code of Conduct Policies

- Every effort will be made to provide opportunities for a participant with a disability to safely and successfully participate in Parks & Recreation programming. Receiving Inclusion Services does not exempt a participant from the City of Evanston's Parks & Recreation Code of Conduct as well as program rules and consequences. The modifications/ accommodations are provided to assist the participant in following the rules. They do not, however, exempt the participant from following the rules.
- If a participant is unable to comply with these rules, even with accommodations in place, they may be subject to disciplinary procedures including discussions with guardians, suspension, or removal from the program if behaviors are deemed unsafe for the participant, peers, staff, and/or program environment.
- Please note an acknowledgment form must be submitted to the Inclusion Coordinator before Inclusion Services are initiated.

Station concert series

The City of Evanston is accepting applications from ensembles and artists for consideration to participate in the Starlight Concert Series that are held June through August, 2023. Apply at cityofevanston.org/starlight.



